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Vol. XXXIV.
No. 2.
FEBRUARY,
1907.

Myra's Journal

3D.

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No. 6622.—EVENING CLOAK FOR A BRIDE, OF PLAIN AND BROCADED CLOTH.

For Description, see Pages 30 to 34.

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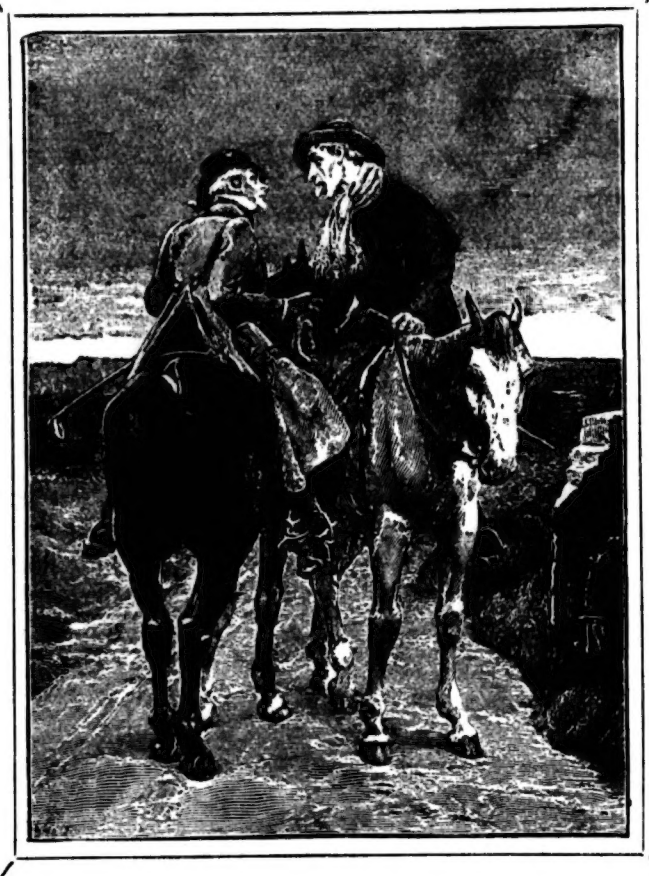

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FASHION NOTES FOR THE MONTH

THE early part of the year is a great time for fashionable marriages in France, anticipating Lent, during which time no good Catholic thinks of weddings. Some of the prettiest and smartest weddings among the *élite* have been arranged for the glorification of some flower. Several "lily" weddings are in train. Although France is now a republic, she cannot forget that for centuries she lived under the ægis of the *fleur de lys*, the cognizance of the long line of kings passing from Valois to Bourbon, down to the Great Revolution. So the lily is France's favourite flower. And it lends itself to such fresh and lovely colouring—pale lily-leaf and spotless white. The bridesmaids are dressed in the hues of the lily—green, white, and a touch of gold. Bride and bridesmaids carry lilies, and the wedding guests of close kin carry lilies—great sheafs of lilies—in their hands. Lilies drape the bride's veil, with a touch of the indispensable orange blossom.

The palest lily-leaf is to be a favourite spring colour. Some of the richest gowns in preparation for the February courts are to be pale green and white—the lily colours. Delicate and rich yellow shades are also to be much favoured for Court and evening dresses. Oyster white, relieved with a touch of pale green, rose-pink or primrose, is very effective and much to the fore. Very rich moires and satins are to be had in *nacré* tints—superb shot effects like mother-o'-pearl. These are very expensive. *Nacré* moires make magnificent court trains. The *nacré* effects are sought in the richest embroideries, and delicious little tea jackets are to be had in net covered with *nacré* sequins and bead embroidery. These are cut with deep peplum points, each point tipped with a bead tassel.

A feature of the spring will be the Greek peplum point. We shall have it in tunics, polonaises, evening-gowns, tea-gowns, tea-jackets, boleros. This, of course, means the reign of the tassel, as such points need the tassel at the tip. Peplum pélérines and peplum boleros will abound, directly the weather becomes warm enough to discard heavier coats.

The peplum bolero is a charming little garment, half-pélérine, half-bolero, exquisitely embroidered with cord or fine braid. The embroideries in the richer models almost conceal the material. Nothing could be more elegant than a corselet-skirt and a pélérine-bolero of wine-red cloth richly embroidered with a delicate design in black silk braid (very narrow braid, little wider than a cord).

Wine red will be a favourite colour for the early spring. There is a great revival, too, of navy serge. This last material is always with us, but this spring a fine make of French serge is employed for dressy redingotes, in a rather vivid navy hue, lined with pale leaf-green or else with cerise. This last shade sounds a trifle alarming, but the French *couturiers* are turning out some exquisite travelling wraps for brides in this vivid navy lined with cerise silk. Of course it necessitates the gown being very pale and neutral in colour, but most brides are selecting white or cream going-away gowns. The real travelling dress, used chiefly when the young couple are fairly started on their wedding tour, is being made in tartan of sombre tints, or of tweed of palest grey plaided with a pale shade. Over these the serge wrap looks very well. Of course it does not do for anyone without a keen sense of colour harmonies to select either the serge or its cerise lining. If people are not sure of their taste, it is better to discard cerise for lily leaf green when lining a vivid navy-blue serge.

A new style of corselet skirt—or, rather, princess dress—is being launched in Paris, in which the upper part of back and sides is draped to look like a separate blouse and belt, while the skirt tablier rises to the bust, finished by a chemisette of another material. Often the edge of the skirt and the top of the corselet tablier are beautifully embroidered in silk, beads, braid, cord, according to the fabric used for the dress. It is picturesque and novel, and is not difficult to make by the novice, who always finds the fitting of the curved hip the great stumbling block in cutting and fitting a princess gown.

The early spring gowns for outdoor wear ought to match the hat of chip or felt; but a good many black, also white, hats will be worn. Feathers are to be profusely used, more of the "tip" sort than the long feather, and not a few are arranged in groups of three, standing up and then curling over in the style of the Henri II. toquet (our own Beefeater). The "Beefeater" hat is being made in mirror velvet, satin, silk and millinery cloth to match gowns. With this toquet the sleeve top of coat or bodice is made rather large and somewhat stiffened, to recall the real Tudor styles.

Some Henri II. toquets, for the Riviera, have brims of pale beaver—white, coral pink, mauve, &c.—the draped crown being of mirror velvet to match. This brim is frequently of the mushroom type, rather wide, turned over, *cloche* style. It is becoming and very smart, as the hat is generally well tilted. A curious feature in many spring hats in Paris is the long uncurled plumes which fall at the back, over the hair. This last feature is not to commended. The feathers look as if falling from the hat, because the careless milliner had not properly secured them.

Sleeves on the whole promise to be very varied, large and small, long or short.

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No. 6623 No. 6624 No. 6625

USEFUL MORNING (ALSO CYCLING) AND AFTERNOON TAILOR GOWNS FOR A BRIDAL TROUSSEAU.

For Descriptions see Pages 30 to 34.

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No. 6626 No. 6627 No. 6628

No. 6629 No. 6630 No. 6631

SOME EARLY SPRING BLOUSES FOR THE FEBRUARY BRIDE.

For Descriptions see Pages 30 to 34.

Price of Paper Patterns, each 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

The Bridge Builder.

By Harold Bindloss.

(Author of "Ainslie's Juju," &c.)

"IT'S a work of supererogation, and I'm doing it on the principle that ceaseless vigilance is the price of safety, and one never knows his luck," said Halliday, the Englishman, better known to the sturdy axe-men who assisted him as Giltedge-Jim. "Look out you no catchee my knuckles, John."

He sat, clad in ragged blue overalls, holding a drill on a rock in a shrunken river among the mountains of British Columbia, grandest and wildest province of the Canadian dominion. An English friend visiting that region on a sporting trip stood watching him with quiet amusement. When Wilmot had last seen Halliday he was studying mechanical science at the cost of a five hundred pound premium, and delighted to array himself in the most fashionable substitute for purple and fine linen. Now he could not have exchanged his wardrobe with a British navvy, but he was still a well-favoured man, with the old merry twinkle in his clear, grey eyes, and a new stamp of resolution.

"I don't understand," said Wilmot. "One would have fancied you got sufficient hard labour, Jim," and Halliday laughed a wholesome laugh as he answered:

"It's easy. Yonder bridge represents my marriage settlement—hope to finance another contract with the proceeds of it. Twice we nearly lost it, and it must be finished in a time limit, while I'm getting superstitious now we're nearly through. This rock might hold up the driftwood if a flood came down, and five hundred ramping trunks wouldn't leave much of the bridge."

Halliday's bronzed face grew serious, and Wilmot nodded sympathetically. His old friend was to marry the daughter of a prosperous rancher when the bridge was finished, and in addition to his whole working capital his hope of future happiness was built into it.

"There's the ballast train's whistle," said Halliday, "and it's time we got ready. Jessy expects me to help start Crathern's dance."

The bridge builder, plunging head foremost into a frothing pool, made his simple toilet inside five minutes, and when the pair boarded the locomotive of the track-maintenance train Wilmot was lost in wonder as the engineer rushed his huge machine past mighty peak and winding glacier flaring with unearthly radiance under the sunset at each ascending grade. "Got to make good time for the side track before the fast freight comes through," he explained.

When they ran into the siding several cars were waiting there, and Halliday, questioning the switchman, said, "This is my gear, Wilmot; plant and sawn lumber wanted to finish the bridge and start the next job with. I'm thankful to see it. The big penalty for exceeding the time limit has been a nightmare to me. You'll rush them in to-morrow, Tom?"

A deep whistle rang down the track, which just there ran straight and level, walled in by mighty resinous trunks through the pine forest. Acrid smoke drifted across it, and a ruddy glare blazed along the hillside not far away, while the air was heavy with the smell of burning. Two mammoth locomotives thundered out of the vapour, filling the mountain solitude with their roar. Then, clanging and clashing amid a cloud of whirled-up ballast, the great box cars rushed by on the last lap of their 3,000-mile journey from sea to sea, hurrying costly British merchandise westwards across half the world to China and the East again.

It was dark when they reached Crathern's ranch, and ruddy light beat out from the big log building into the gloom of the firs. A little French Canadian wiled sweet music from a battered violin, and a very mixed company circled round in time under the cedar sprays, bright axes, rifles, and Wapiti heads on the match-boarded wall. In that region there is no distinction of either caste or creed, and rancher, miner, axeman, and railroad builder, with their wives and daughters—fewer of these—met as equals on the ground of a common, vigorous humanity, though some had held the plough stilts in England, and others had once been handicapped by a university training. Accordingly Wilmot, who had been considered an ornament to English ballrooms, danced with a light-hearted matron of fourteen stone, who had formerly riddled coal at a Lancashire pit-head, and now stamped upon his feet ponderously. He sat out the next dance with her, while she absorbed cider from the neighbouring keg out of a tin dipper, and told him how her husband made his dollars going nap on hops. Then she pointed out Halliday and Jessy Crather, who stepped an old French measure, approvingly.

"I guess they're good to look at, and he's a lucky man. Walked in without a cent, he did, and took hold with grit. Old Crathern tried to choke him off at first. Said Jessy would be rich some day, and might have married a duke at Ottawa. Jim had mighty few dollar bills, but he played a bold hand, taking contracts where the rest were scared to bid, until Crathern promised to back down if he put through his bridge."

It was after midnight when Halliday and Miss Crathern sat suspiciously close together under a black cedar outside the dwelling. Merry voices and the sound of the violin reached them, while an unseen river moaned below, and dun vapour rolled up behind the shoulder of the range like the smoke of a burning town. A cold breeze shook the cedars, and that breeze came near to ruining Halliday.

"It took four years to win you, Jessy, and they were well spent," said the man. "Still, it only seems yesterday since I limped in footsore, and Jardine laughed in my face when I offered to build his dam. I met you on the trail, and I remember what I thought of you then, when, out of gentle pity, you offered me a dollar to——"

"Don't," said the girl, blushing crimson. "It was cruel of me, but how could I tell, Jim, and you really——"

"Looked like the deadbeat I was," said Halliday smiling. "But I earned the dollar, and kept it. It brought me luck, and I have it still. I set my heart on winning you, and it is done; but twice when I was desperate you encouraged me with words worth more than silver. Now, with you to help me, Jessy, there is nothing I would not attempt or do."

A beat of hoofs rang through the pines' dark shadow, a man reined his lathered horse in beside an open window, and Halliday rose as he shouted, "Where's Section-hand Tom, and Contractor Jim? Bush fire come down on the side-track, wires down, two big trees across the metals, and several cartloads of Halliday's fixings roasting."

"I must go," said the contractor. "There! We won't burn ourselves, Jessy, and you will not hinder me. Wish me good luck instead—to-night I must fight for you."

"Yes," said the girl unevenly, clinging to him. "But you will be careful for my

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No. 6632 No. 6633 No. 6634

EARLY SPRING TAILOR GOWNS FOR A BRIDAL TROUSSEAU.

For Descriptions see Pages 30 to 34.

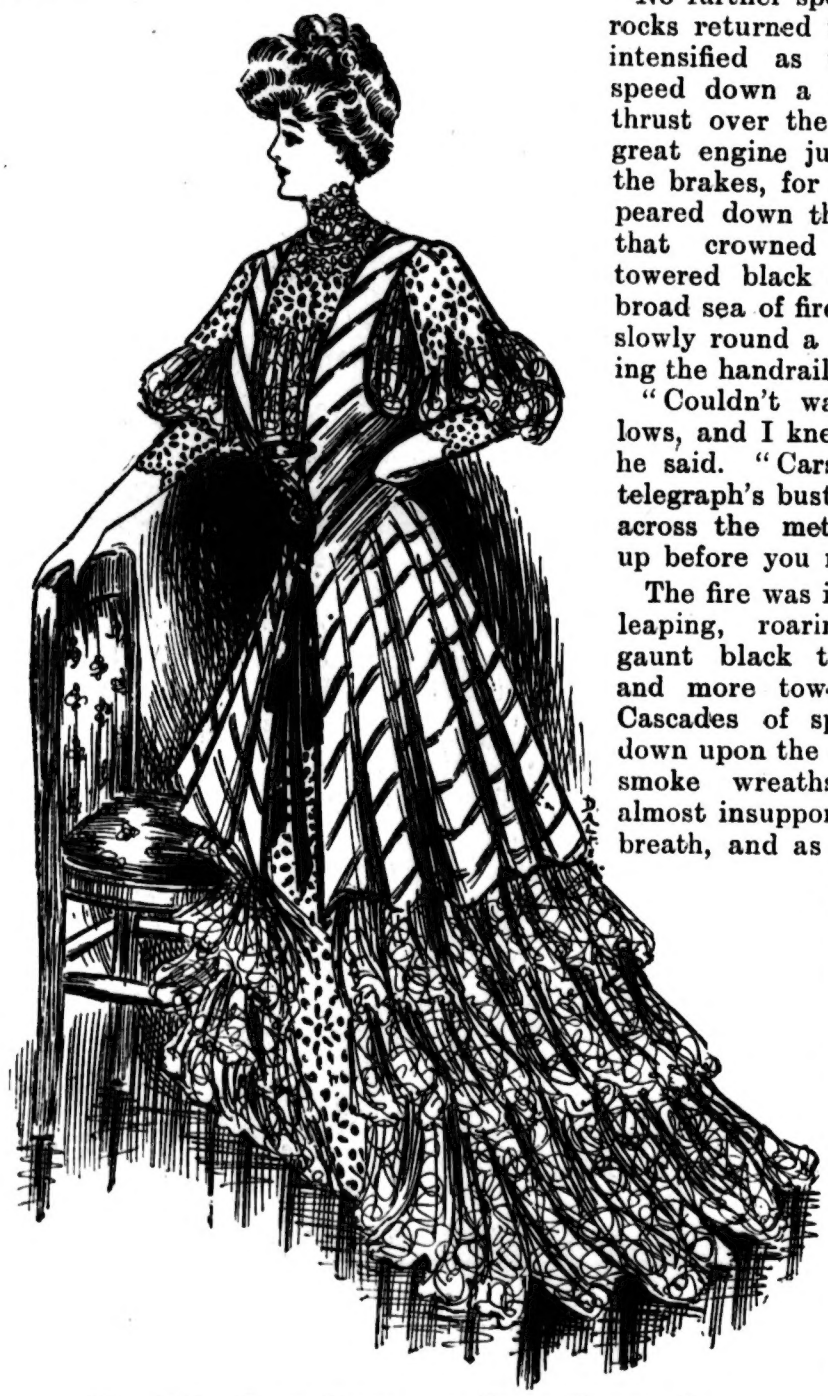
Price of Paper Patterns, Corselet Skirt, 1s. 0½*d.; Skirts. Foundation Skirts, or Coats, each* 6½*d., post free, of* MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

sake, and heaven bring you safe back, Jim!"

Halliday was in the extemporised ballroom next moment, and there was a clamour when he said, "Sorry to upset things, Mr. Crathern, but this is life and death to me. The loss of that plant would ruin me, and my people couldn't see the fire across the range. Boys, who's coming along to pull out those cars with me?"

They were all of them coming, for Halliday was a favourite, and the sturdy axemen never fail a hard-pressed friend. So he chose a few and departed with them and Wilmot at a breathless run, while the women poured into the clearing, to hurl "God speed" after them. Halliday annexed the waiting locomotive by the right of desperate need, loaded his friends on a flat car, and some in the cab, while he said to Wilmot, who climbed in after him, "This is going to be an ugly business, and you would be better out of it, Ted."

Then he laughed mirthlessly as the other said, "I'll try to excuse you, but I feel more tempted to try to break your head!"



No. 6635.—Lace Dress and Pekin Dinner Coat.

For Description see Pages 30 to 34.

Price of Paper Patterns, Skirt, Foundation Skirt, Blouse, or Coat, each 6½*d., post free, of* Madame Myra, *10 and 11, Fetter Lane, E.C.*

"Stir the fire. Hang on. I'm opening her full!" he shouted, and the mountain engine panted, hurling red sparks aloft, as she rolled with drivers slipping out of the siding. Then when the great firebox was gorged with billets, Halliday stared wide-eyed through the rattling glasses, his hand on the throttle, while the dark pines commenced to race and reel as she settled down into her stride. It was down grade from the mountain passes, and Wilmot held fast by a guard rail when the whirr of flying wheels and clang and clash of bouncing trucks swelled into a bewildering din. The footplates lurched beneath him, and rock and forest whirled faster and faster behind.

"You'll shake half your friends off," he gasped. "My best sympathy, but I don't quite see how this affair could ruin you."

"Time limit for bridge," said Halliday, without turning his head. "Costly plant in those cars for new contract. Can't run it if the other people sue me for noncompletion penalty. Got to stand by Vancouver friends who have given a bond for me."

No further speech was possible, for the rocks returned the roar of their passage intensified as they thundered at mad speed down a declivity; then Halliday thrust over the lever, and presently the great engine jumped at the checking of the brakes, for a crimson speck appeared down the track. The pines that crowned the ridge above towered black as ebony against a broad sea of fire, and as they swung slowly round a curve a man clutching the handrail leapt into the cab.

"Couldn't warn them other fellows, and I knew you would come," he said. "Cars in danger already, telegraph's busted, and a big red fir across the metals. Pull her right up before you run up against it."

The fire was in front of them now, leaping, roaring, crackling, with gaunt black trunks two hundred feet and more towering through the flame. Cascades of sparks and cinders rained down upon the cab, the air was thick with smoke wreaths, and the temperature almost insupportable. Wilmot choked for breath, and as Halliday turned on steam again the new-comer shouted, "Are you figuring to bust her against the log?"

"I'm hoping to burst the log," said Halliday drily.

There was a heavy shock, but the half-burned mass of timber remained immoveable, and a cry went up from the flat car, "Are you going to roast us here?"

Halliday backed his engine clear, and the company scrambled down to hold a council on the track. Beyond the obstacle the box cars stood lighted by the intense glare, and shading his eyes Wilmot could see a great column of smoke rolling up and up until it smothered the higher shoulders of a mighty peak.

"There'll be an axe and cross-cut saw in the calaboose, but the door will be locked," said one, and Halliday shouted,

"Then fetch along that branch yonder, and we'll smash it in."

The heavy limb they hurled like a battering ram at the stout door was smouldering, but the door went in, and Halliday came out triumphant with two axes and a big two-handled saw, while Wilmot, who sat down upon the ballast mopping his forehead, watched him and three others admiringly, as they marched into the heat of the fire, to cut through the log. It was, he estimated, four feet in diameter. Halliday was stripped almost naked to the waist, and he and another kept stroke for stroke, two sinewy figures ringed about by circling steel that made red lightnings under the blaze, until whirling smoke blotted the picture out. Two other men, seen at intervals,

No. 6636.—An Early Spring Visiting Gown.

For Description see Pages 30 to 34.

Price of Paper Patterns, Skirt, Blouse, or Pelerine, each 6½*d., post free, of* Madame Myra, *10 & 11, Fetter Lane, E.C.*

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swayed over the saw, but its crunching was lost in the roar of the fire, and when next the vapour thinned Wilmot saw one stagger out of it, dragging his partner after him. Then Halliday's comrade came reeling back with his hand over his eyes, and for a space the contractor smote on alone, until he in turn stalked back defeated with his head bent towards his breast.

Twice in quick succession a fresh detachment, blistered and blackened, ceased work with axe and saw and plunged through the smoke to join the others staggering under burdens from the cars, until even when this became impossible the railroad hand who ran back from the calaboose with an iron box and an auger

No. 6637

No. 6638

TWO DAINTY COFFEE OR BRIDGE COATS FOR A BRIDAL TROUSSEAU.

For Description see Pages 30 to 34.

Price of Paper Patterns, each 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

said, "We were blame fools not to think of it before, but here's the magazine sent up for Jackson's gang. We could blow the log to smithereens with giant powder."

Halliday snatched the coffer from him, and, reckless of possible consequences, prized off the padlocked lid with an axe's edge. Then he shouted triumphantly, holding up several plastic yellow cylinders resembling wax candles, with which men who understand them may make big holes in mountains.

"Who'll press home and fix the detonators while I bore?" he asked, and there was a moment's silence. None of his friends were timid, but they had some excuse for hesitating to carry powerful explosives into a veritable furnace. Meantime, Halliday continued clinching copper caps over the ends of snaky fuses, and when he next looked round a man fumbling in the magazine said, "Hadn't you better be moving? I'm quite ready."

They set off at a run, plunged, bent double, through a rush of sparks and smoke, and when Halliday, crawling on hands and knees, drove the big crutch auger into the log the other man thrust several of the cylinders under it.

"Hold on!" said the contractor. "We don't want to blow the track to kingdom come. Hallo, Wilmot, what in the name of wonder brought you?"

"I didn't volunteer for the axe work because I couldn't do any good," spluttered the tourist, choking in the smoke. "But I can carry explosives or blow myself up as well as any other man!"

"Put it in there," said Halliday, driving the auger point in again. "Steady with that tamping. *I'm* here because—well, you saw what I came to win—and I'd go through the other fire to do it. Rest of them carry their whole possessions under their hat, but you're a man of wealth and leisure, Ted."

The roar of the fire drowned most of what he said, but Wilmot caught part, and smiled grimly as he choked out, "And that's why I came. Good things get monotonous — confoundedly. See this through together—envy you, Jim."

They may have been there five minutes, or less, but Wilmot's face felt blistered all over, and his lungs bursting, while showers of sparks set red circles spreading in Halliday's garments before the latter, drawing a brand which fell handily

(*Concluded on page* 41.)

ANTIPON AND THE FOOD QUESTION.

Many people seem to be convinced that the condition of over-fatness must be fought against by a stinted, non-nutritious dietary, and so weaken themselves by a process of exhaustion. Nothing is more fallacious or dangerous. The vital forces must be constantly repaired by adequate nourishment, whether one be fat or lean. This question of food restriction is definitely answered by the unfailing success of the Antipon treatment, which relies upon nourishing food as its chief helper in the wonderful cures it effects. To starve the body into thinness is not to cure the disease of obesity, for as soon as a rational dietary is resumed the excess of fatty matter reappears. What is necessary is to absorb and eliminate the superfluous fatty deposits and at the same time to *overcome the tendency to grow fat*, so that the body may be strengthened by plenty of good food without fear of the excessive fatty matter reappearing. That is exactly what Antipon does. Moreover, its great tonic properties are evidenced by its beneficial effects on the digestive system, whereby appetite is promoted and the digestive and assimilative processes perfected.

The following letters are instructive. They are selected from many hundreds received by the Antipon Company, as showing that the food question in the cure of obesity has been effectually solved by the Antipon treatment. The original letters may be examined at the offices of the Company:—

"Farnham, Sussex.

"I am pleased to say that although I have not taken Antipon for over two months, and have not been over careful about my diet, I have not again gained what I lost. I went down from 15st. 12oz. to 14st. 4oz., and am still that. I feel much better in health.

"Mrs. A. J. W."

"Middlesbro'.

"It is only since taking Antipon that I have been able to eat a dinner with comfort. I can walk quite well now, without panting for my breath.

"E. S."

"Birmingham.

"I have found Antipon a great success, and have derived great benefit from it. For some years I had the wretched feeling after every meal of having eaten too much, but since taking Antipon I can now enjoy my food. I am sure it is the greatest fat-reducing medicine that has ever been brought before the public. It cannot be too highly praised,

"Mrs. S. A. L."

The reader will see by the above letters that wholesome food is a matter of paramount importance in the Antipon treatment, and differentiates the latter fundamentally from other methods of weight-reduction.

The decrease of weight ensured by Antipon is surprisingly rapid. Within a day and a night of the first dose there is a reduction of 8oz. to 3lb., according to the conditions of the individual case, severity of the disease, state of health, &c. After this a sure and steady daily reduction may be counted upon until normal weight and natural proportions are restored, when the doses may cease, the tendency to excessive fat-formation having been overcome. To undergo a course of the famous Antipon is to lastingly regain both beauty and strength.

Antipon is an agreeably tart liquid containing only harmless vegetable substances; it is neither laxative nor the reverse, and the treatment is so simple and easy that the strictest privacy is assured.

Antipon is sold in bottles, price 2s. 6d. and 4s. 6d., by chemists, stores, &c.; or in case of difficulty may be had (on sending remittance) post free, in private package, direct from the sole manufacturers, The Antipon Company, 13, Olmar Street, London, S.E.

No. 6639 No. 6640 No. 6641

EMPIRE COAT, REDINGOTE COSTUME, AND BRAIDED VISITING DRESS FOR A BRIDAL TROUSSEAU.

For Description see Pages 30 to 34.

***Price of Paper Patterns**, Corselet Skirt, 1s. 6½d.; Empire Coat, 1s. 0½d.; Redingote, 9½d.; Skirt. Foundation Skirts, each 6½d.; Pelerine, 3½d. post free, of* Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 6642 No. 6643 No. 6644

No. 6645 No. 6646 No 6647

EARLY SPRING STYLES FOR GIRLS AND BOYS.

For Descriptions see Pages 30 to 34.

Price of Paper Patterns, Coats, Frocks, Skirts, each 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

No. 6648 No. 6649 No. 6650

BEAUTIFUL EVENING GOWNS FOR A BRIDAL TROUSSEAU.

For Descriptions See Pages 30 to 34.

Price of Paper Patterns, Corselet Skirt, 1s. 0½d.; Skirts, Foundation Skirts, or Bodices, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

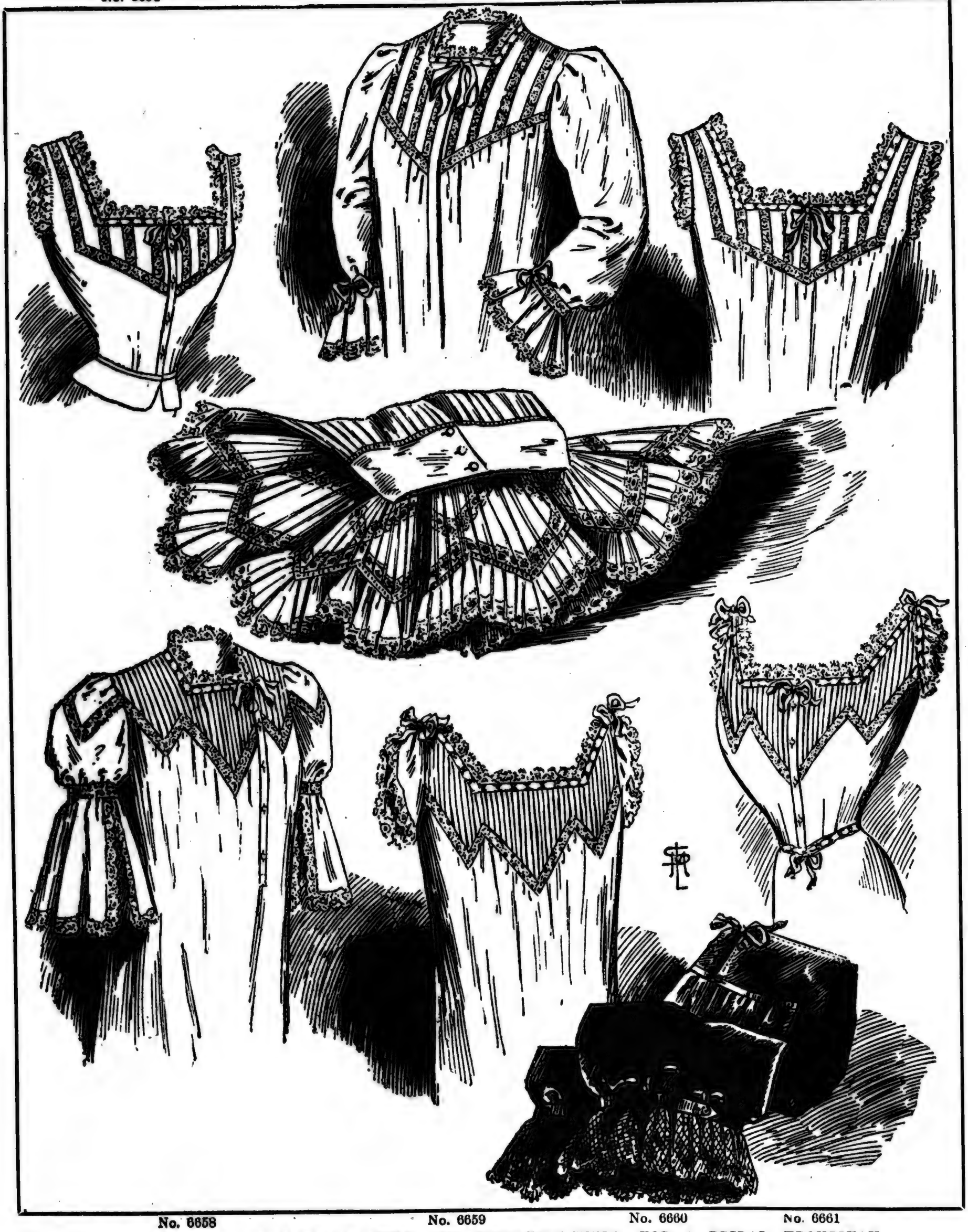
No. 6651 No. 6652 No. 6653

ARTISTIC TEA JACKET AND TEA GOWNS FOR A BRIDAL TROUSSEAU.

For Description see Pages 30 to 34.

Price of Paper Patterns, Princess or Empire Dress, each 1*s.* 0½*d.; Tea Jacket,* 6½*d., post free, of* MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

No. 6654 Nos. 6555 and 6656 No. 6657



No. 6658 No. 6659 No. 6660 No. 6661

TWO SETS OF UNDERWEAR, SKIRT AND KNICKERBOCKERS, FOR A BRIDAL TROUSSEAU.

For Descriptions see Pages 30 to 34.

Price of Paper Patterns, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

ARTISTIC NEEDLEWORK.

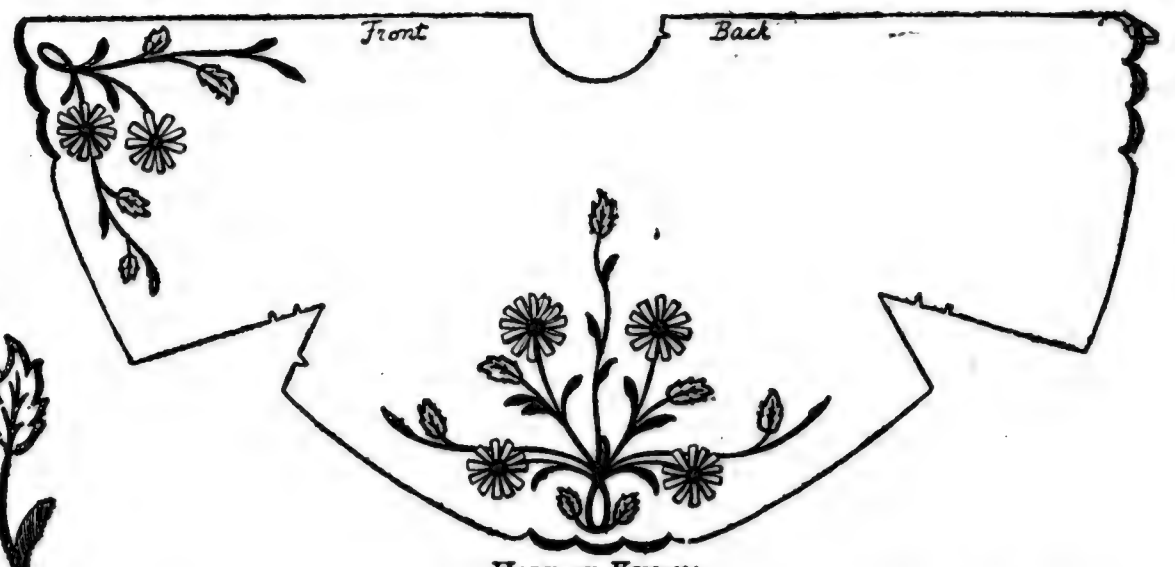
By MRS. HAMER-JACKSON.

An Infant's Kimona.

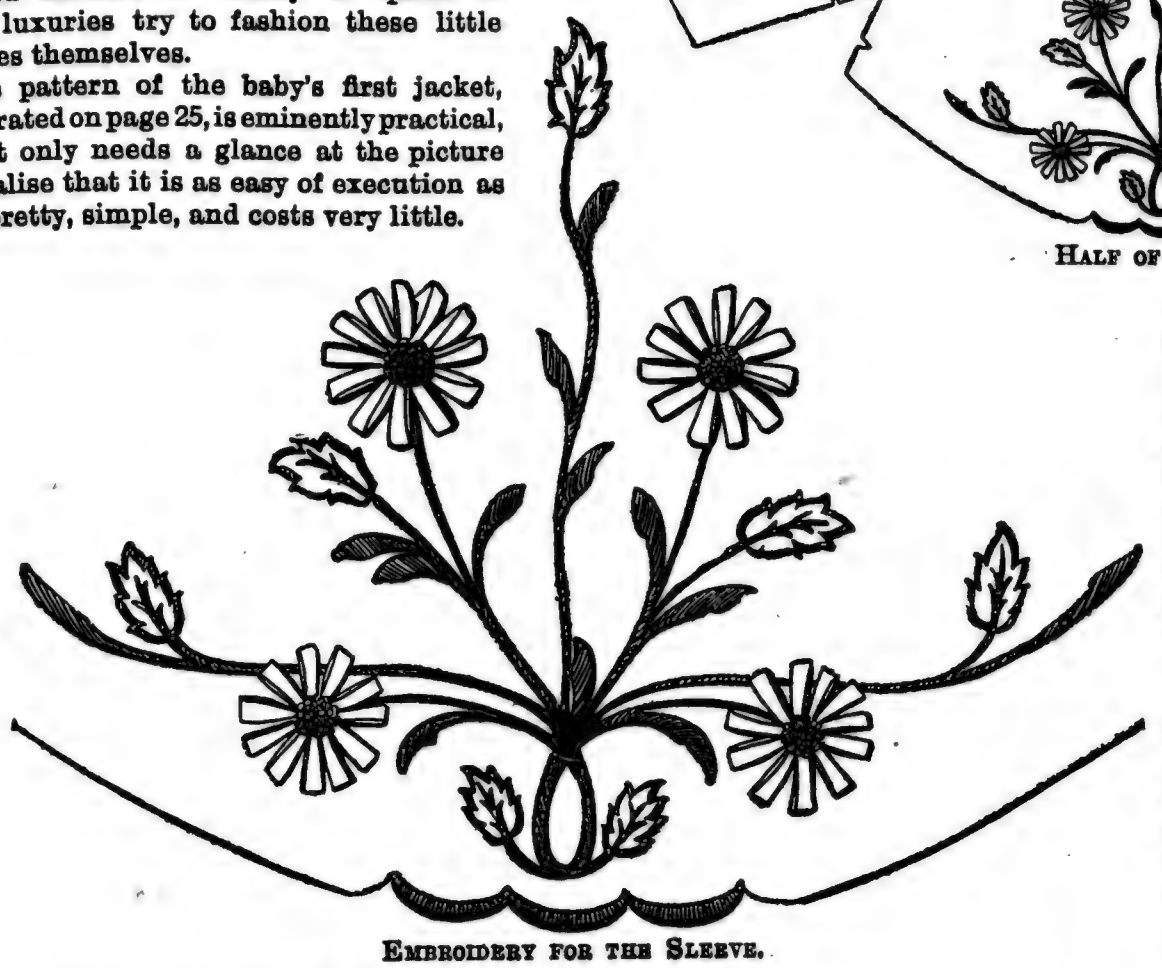
Worked in Peri-Lusta Thread.

IT is always the ambition of every mother to have the prettiest and daintiest clothes possible for her baby, but ready made dainty garments for the nursery folk are generally so expensive that most mothers with a limited amount of money to spend on such luxuries try to fashion these little articles themselves.

The pattern of the baby's first jacket, illustrated on page 25, is eminently practical, and it only needs a glance at the picture to realise that it is as easy of execution as it is pretty, simple, and costs very little.



HALF OF KIMONA.



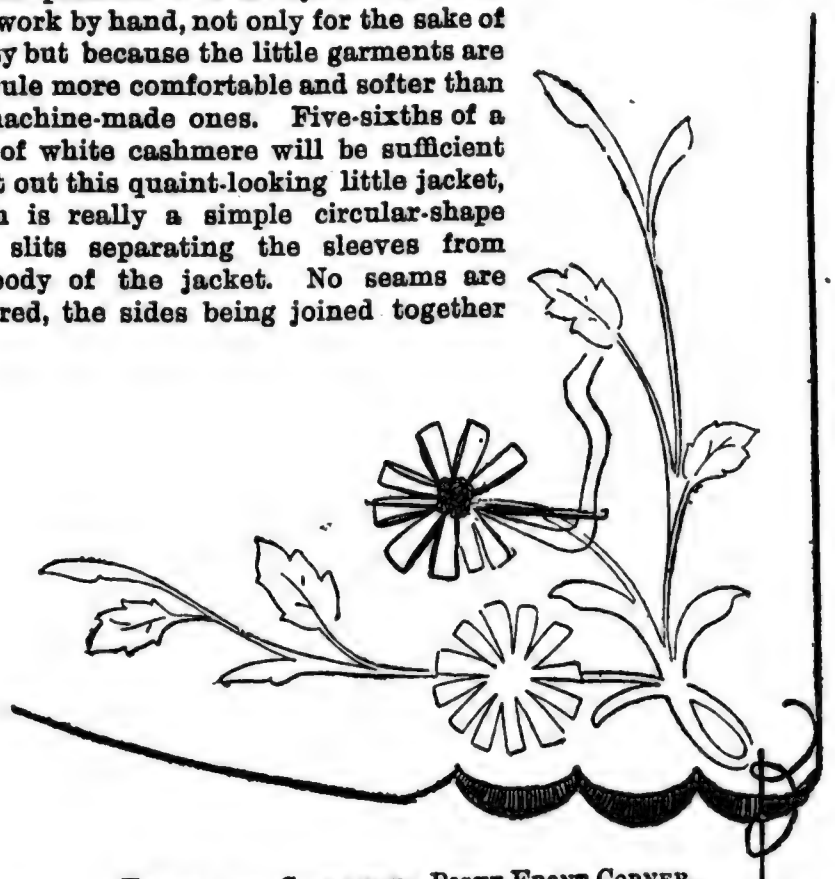
EMBROIDERY FOR THE SLEEVE.

When possible it is always better to do such work by hand, not only for the sake of beauty but because the little garments are as a rule more comfortable and softer than the machine-made ones. Five-sixths of a yard of white cashmere will be sufficient to cut out this quaint-looking little jacket, which is really a simple circular-shape with slits separating the sleeves from the body of the jacket. No seams are required, the sides being joined together with a bow of satin ribbon, the sleeves being also caught up in the same fashion.

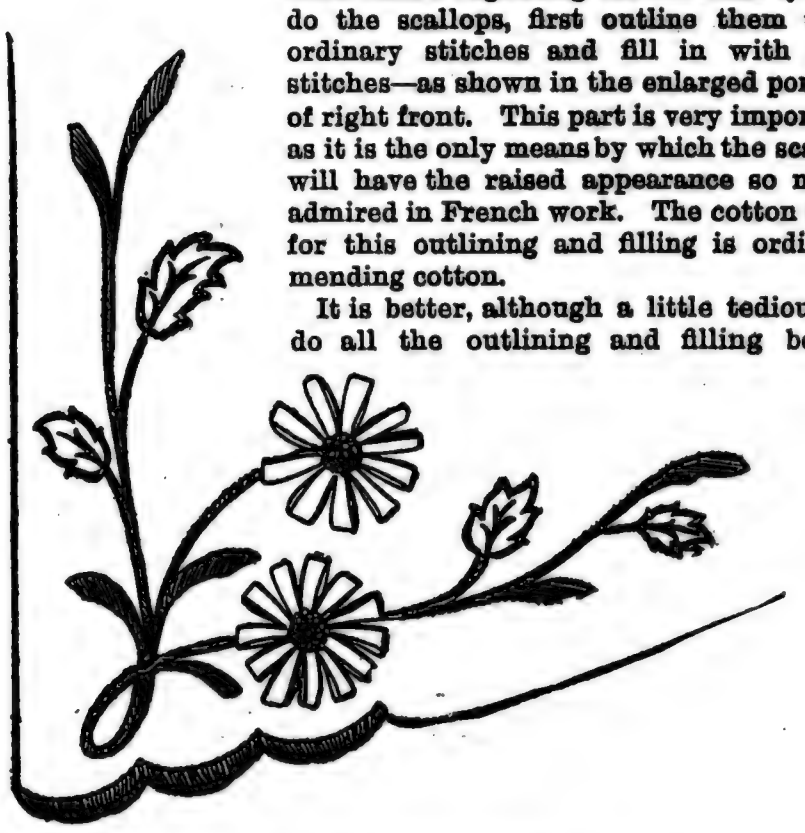
The hand embroidery with which the little jacket is adorned is extremely simple as may be seen from a glance at the work, for in baby's clothes simplicity above all else should be considered, for their beauty lies in the good quality of the material and the fineness of the stitches, rather than in elaborate trimming and ruffles of any kind.

The paper pattern should be laid on the material (see page 25), preferably cashmere, and cut about half an inch larger all round to allow for the cutting out of the scallops. These are designed on the tracing pattern, and can be followed all the way round the little garment. They are much better than any other way of edging the material and do away with the necessity of turnings. The tracing of the sprays should also be done before beginning the embroidery. To do the scallops, first outline them with ordinary stitches and fill in with long stitches—as shown in the enlarged portion of right front. This part is very important as it is the only means by which the scallop will have the raised appearance so much admired in French work. The cotton used for this outlining and filling is ordinary mending cotton.

It is better, although a little tedious, to do all the outlining and filling before



TRACED AND COMMENCED RIGHT FRONT CORNER.



FINISHED LEFT FRONT CORNER.

Full size sets of tracings for this embroidery (two front corners and one sleeve) can be had, price 4½d. the set, post free, from MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C.*

"I find "Myra's a very useful journal, also very elegant."—S. B.

starting the actual buttonhole stitches which cover the cotton. The finished little jacket will be cleaner and fresher than it would be if a small piece of the scalloped edge were filled and finished at the time. For the buttonhole stitches, Peri Lusta white embroidery size D should be used. The stitches must be worked quite close to each other and very regularly, following exactly the curve of each scallop, and as the thread is drawn at the top of each stitch, the loop should be regulated with the thumb nail of the left hand to raise the edge, close to which the material will be cut when the work is completely finished.

The pretty little sprays which are to be seen on the sleeves and fronts can either be done in raised French embroidery, in ordinary stem stitch or in ribbon work. They are all equally pretty, and although ribbon work is perhaps more dainty, the raised French embroidery is more lasting, whilst the stem stitches are naturally very much simpler, and will probably answer the purpose for which this charming little coat has been designed.

If, however, the French raised embroidery is attempted, the first thing is to outline the flowers with cotton, and fill them exactly as has already been done for the scallops, then cover the filling with flat stitches done very close to each other and very regularly, great care being taken not to let the stitches overlap each other. The leaves are left quite flat. The stems are done in the ordinary stem or rope stitches, and the little spots at the corners in tight French knots. (For these embroidery stitches see No. 23 of "Myra's Library of Needlework," price 1½d., post free.)

In ribbon work the flowers would be done as shown in the picture, with narrow white ribbon, with a French knot in the centre. The narrow ribbon is worked as the embroidery thread, a needle-full threaded through a needle, which must have a long eye, this detail being one of the secrets of success in ribbon-work. If an ordinary needle is used, the ribbon will, after two or three stitches, be twisted like a string, but if a long-eyed needle is provided it will allow the ribbon to remain quite flat, at the same time opening the material sufficiently to allow the ribbon to pass through without a pull.

The needle should first be put in from under in the middle of the flower and drawn through again at the end of each petal, drawing it very gently with the right hand while the left hand keeps the ribbon flat on the material until the petal is formed, repeating this until the flower is completed. The leaves are done in flat stitches as for the other embroidery. In ordinary crewel work or embroidery stitch the flower can either be done in overlapping stitch, flat stitch, or loop stitch. The latter is greatly favoured on account of its simplicity, and consists of a long loop started from the centre of the flower and made by returning the needle in where it first came to the surface, leaving enough thread to form the petal and caught from underneath by a very small stitch made at the very edge of each petal.

When the work is completely finished and the scallop carefully cut near the edge of the buttonhole work, a frill of Valenciennes lace is lightly tacked underneath and gives a delightfully soft and lacy appearance to an otherwise charming and dainty little garment.

For the benefit of ladies who may experience difficulty in procuring the Peri-Lusta threads, I would mention that Messrs. James Spence and Co., of St. Paul's Churchyard, London, E.C., keep a full range of makes and colours, and they make a speciality of post orders.

The "Peri-Lusta Co.," 19, Ludgate Hill, London, E.C., will, however, always willingly send the address of a local dealer upon request.

EMPLOYMENT BUREAU.

FREE REGISTER.

SPECIAL NOTICE.—Will correspondents please read the rules carefully regarding notices for re-insertion in the Register, and letters to be forwarded? Much delay and trouble is caused by inattention to our simple regulations.

NOTICE.—The printed notice *must be cut* out of the Register for re-insertion each month.

LETTERS TO BE FORWARDED.—These must be fully prepaid, and must bear the Register number at the top left-hand corner. No letter will be forwarded unless it is accompanied by the writer's name and address—not for publication, but as a guarantee of good faith.

No. 434.—Experienced dressmaker. Ladies materials taken. Renovations. Millinery. Blouses a specialty. Any design, 2s. 6d. (W.)

No. 430.—Dressmaker. Experienced. Good fitter, cutter, renovated. At home or ladies' houses.

No. 466.—Lady would be glad to consider any novelties for Christmas in hair or neck ornaments, or fancy articles.

No. 467.—Coats and costumes made. Special attention to fit from pattern bodice. Any design copied. Would make for a large firm.

No. 468.—General needlewoman and repairer at ladies' houses. Special darning. Corsets boned and repaired. (S.W.)

No. 469—Underclothing made. Hand or machine. Ladies' and children's work.

No. 470.—Home-made marmalade. Prices, particulars, samples. (N.)

No. 471.—Dressmaking lessons by experienced teacher. Morning or afternoon.

No. 472.—Ladies' own materials made up by scientific dressmakers. Shirt blouses from 3s. Hemmed and fancy blouse or bodice from 4s. Bolero costumes, 12s. 6d.

No. 473.—Lady (Liberty experience) desires orders for children's smocked or embroidered dresses. Any design copied. Highest references. (Birmingham.)

No. 474.—Good dressmaker. Ladies' houses or at home. West-End experience. (W.)

No. 475.—Coats and skirts, day and evening gowns, silk petticoats, blouses, &c. Good fit and style. Ladies' own materials. Terms moderate.

No. 476.—Dressmaker, thoroughly experienced, good cutter and fitter, wants charge of small high-class business, or would take partnership, giving work and time in place of capital. Would go as visiting dressmaker. Tailoring, evening gowns, &c.

No. 477.—Dressmaker wants milliner having small high-class connection to take a flat with her. Room to let for business lady, with use of kitchen.

No. 478.—Clothing of all kinds cleaned, repaired, and thoroughly renovated. Moderate prices. Estimates given on receipt of goods. Plain sewing of all kinds. Ladies' aprons and overalls. Dressmaking and tailoring of all kinds. Servants' cotton dresses.

ANSWERS TO CORRESPONDENTS.

NOTE.—All letters should be sent to Miss Winifred Jones. Correspondents are especially requested to observe this, as otherwise delay inevitably occurs.

SPECIAL NOTICE.—Private Replies.—Will correspondents please notice that letters requiring a private reply must enclose six penny stamps and a stamped envelope? In consequence of the number of letters received requiring a reply, but containing in many cases neither the stamps nor even a stamped envelope, Miss Winifred Jones is compelled to refuse to reply in future to letters not complying with the conditions above enumerated.

Workers Wanted (Mdme. B. W.).—I have given particulars of your posts to various correspondents. I am sorry you were unable to employ the worker whose letter you enclosed. Perhaps later on you could do so. I am glad you gave the other lady an order; I gave your address to another who sounded very likely. I should be glad to know how they suit you. I note what you say about novelties for Christmas, and am putting in a notice for you; but I fear it may be crowded out, as my Bureau has grown so enormously.

Dressmaking Renovations (Miss G.)—I heard from the lady, to whom I sent your letter, that she had already got a worker. I am so sorry, as I hoped she might have been able to employ you. I note you make pyjamas and underlinen, and don't mind what you do! Believe me, I will recommend you whenever opportunity offers.

Dressmaker, &c. (Miss C.).—Certainly, I will put you on my Register, and I note you have ready-made blouses to sell, and that you alter them to fit free of charge. Your prices seem reasonable.

Dressmaker (Miss S.).—Notices for the Free Register must *not* be sent to me, but to the Editor, but I am glad to accede to your second request, and to put you on my Register.

Smocking and Embroidery (Mrs. C.).—Anyone who has taken Myra for years is entitled to our best aid, and I am putting you on my Register, and shall hope to have work for you. Just at this time, when there are so many children's parties, orders should be plentiful.

Liverpool Union of Women Workers (M. B. L.).—I sent you what you asked for, and I should be glad to have papers dealing with the progress and developments of your work, especially any new branches of employment.

Work and Partner Wanted (Mrs. C.).—I am putting in your notice, and hope you may be successful. You do not give any details of the partner you want, so I cannot help you there. Write again more fully. As you have a first-class certificate you should do well.

Blouses, Lingerie, &c. (W. de B.).—Many thanks for your courteous letter. I am so pleased to hear that my correspondent has given you "orders for several crochet purses," and I hope you may go on being successful. If you *do* join the Work Society let me know what you think of it. Would you like to have your name on my Register? It might be useful to you. I think, too, some of the shops might consider your purses, though the best season for that sort of thing is, of course, over.

Repairs, Cleaning (M. M.).—The editor sent me on your letter. It seems an excellent idea, and now so many busy men and women live in flats I should think you would get a large number of customers from that source. I am putting you on my Register, and wish you all success.

Partnership, &c., Wanted by Dressmaker (M. T. G.).—I sent you by post the particulars and addresses of one or two things that I thought might suit you if still vacant. I notice that you are a thoroughly experienced cutter and fitter, and able to take charge of a small high-class business, giving estimates, styles, &c. As you have no capital, your best chance is to give, as you say, time and experience instead. Perhaps you might be able to arrange this with the correspondent

"I never miss a chance of recommending 'Myra's Journal,' as I think it a treasure."—Mrs. M., Carmarthen.

whose name I gave you. I am so glad to hear that the lady whose name I gave you has given you plenty of employment, and is quite satisfied with your work. One recommendation usually leads to another. The dressmakers I know personally who never seem to have slack times are those who do a great deal of work themselves, and only employ a few and very good hands. With regard to what you say about your flat, I am putting a special notice in for you. Possibly someone might be very glad to take one with you.

SECRETARY'S POST WANTED (K. M.).—I fear you have got a somewhat exaggerated idea of the value of a secretary's post. Let me tell you at once that they are few and far between, and not particularly well paid. In fact, many girls who set out with the idea of being secretaries are very glad to become clerks. In any case you must be able to write a good hand, have a thorough knowledge of English, grammar, spelling and punctuation—for the displacement of a comma often alters the whole sense of a sentence. Then you should be able to write a letter in correct French and German, know shorthand (speed 100), typewriting (speed 60), and book-keeping. So much depends on personality. If you are bright, capable, energetic, persevering, and reliable you are almost sure to succeed. But at first you may have to content yourself with very humble things. However, do your best and persevere, and eventually you may obtain what you want. Make yourself as useful to your employers as you can, and try and qualify always for a better post.

LAUNDRY WORK (S. F.)—You are quite right as to there being excellent openings for really skilled workers in laundries, but they must be skilled workers. I advise you to go through the full course of training, which will cost from £10 to £12, and last from three to six months. At the end of that time the manageress under whom you have trained will find you a post in a subordinate capacity as assistant manageress or forewoman of a department. If you are really capable you will get on, and if you have capital you may be able eventually to start a place of your own. London is the best place to train, but I think there is more openings for new laundries in country places. Hours vary, but average about fifty-five a week. There is always one or part of one day off a week. The working hours are about 8 to 7 o'clock. Forewomen receive £1 to £1 10s. a week, assistant manageresses £1 to £2 10s., and manageresses £2 to £5 a week. I compliment you on your sense in taking up this work.

HOME INDUSTRIES (Ella B.).—There are various societies which might be of use to the case you mention. The British and Irish Spinning and Weaving and Lace School, 3, Blenheim Street, New Bond Street, W., was started with a view to opening up the field of textile labour to women. Your friend could get spinning lessons for £1 1s. a week, or £4 4s. a calendar month. Hand-looms cost from £2 5s. Then there is the Haslemere Weaving Industry; address the Manager, Weaving House, Foundry Road, Haslemere; and there is a factory for silk-weaving at Sudbury in Suffolk. The training lasts for two years, but learners are paid—after the first three months—in proportion to their progress. There is a scholarship at this factory given by Mrs. Robertson Kemp; address Secretary, Gainsborough Towers, Sudbury, Suffolk, I suppose you know of the Home Arts and Industries Association, Royal Albert Hall, Kensington Gore, W. I can give you other addresses if you wish.

The declaration in favour of Women's Suffrage, originally started single-handed by Miss Clementina Black, has now assumed such large proportions that a committee of ladies have undertaken the work, and offices have been engaged where all business is being carried on. The work of forming branches and starting a house-to-house canvass is being energetically taken up all over the country, and signatures are coming in in thousands. For starting branches, a large number of forms are generally required, and these can be obtained from the offices at the rate of 1s. per 100, or 3s. 6d. per 500. Single forms for ten signatures, and others for two, can also be sent singly on receipt of a stamp. The forms and all information connected with the movement can be obtained from the Hon. Sec. Women's Franchise Declaration Committee, 67, Fleet Street, London, E.C.

No. 6662.—BRIDE'S TRAVELLING DRESS.

For Description see pages 30 to 34.

Price of Paper Patterns, Skirt, 1s. 0½d.; Foundation Skirt or Coat each 6½d., post free of MADAME MYRA, *10 and 11 Fetter Lane, E.C.*

No. 6663.—A Lovely Princess Evening Gown for a Bridal Trousseau.

For Descriptions see Pages 30 to 34.

Price of Paper Pattern, 1*s.* 6½*d., post free, of* Madame Myra, *10 and 11, Fetter Lane E.C.*

Women and Work.

II.—TRADE CLASSES FOR GIRLS AND WOMEN.

THE trade class, for males as well as for females, is quite a late development. When trades unions broke up the apprentice system, several English trades and handicrafts for many years gradually deteriorated under a "happy-go-lucky" method of training the boys who intended to follow them. But, though this system—or rather lack of it—is peculiarly attractive to the English temperament, the high technical skill meanwhile gained by our great rivals, the Germans and Americans, at last awoke even the most self-satisfied Britisher to the unwelcome fact that "something" had to be done. Trade classes and trade schools then by degrees came into being, amongst them the excellent Trades' Training School, set up in Great Tichfield Street by the Associated City Guilds of Carpenters, Joiners, Painters, Stainers, Plasterers, Tylers and Bricklayers, and Wheelwrights.

Every neighbourhood in London now has its technical classes for youths and young men in our invaluable Polytechnics; but *nothing was done for women* for many years. If an occasional hint was dropped that half the working-class population was deliberately brought up so that females could never hope to earn anything but a starvation wage, our wise pastors and masters always could fall back on the fact that females could learn dressmaking and millinery very thoroughly, and that it was a national obligation to see that every girl could "boil a potato."

I cannot for the life of me conceive what these clever gentlemen imagine the "boiling of a potato" to be. I have heard, and seen reported, grave suggestions that immediately a tiny girl has learned to read and write (more or less badly) in our national schools, the rest of her childhood and the whole of her adolescence should be devoted to acquiring the knowledge of how to "boil a potato." The carrying out of this silly and idle suggestion would mean that from seven to ten of the invaluable years of preparation would be filched from the unhappy girl in setting her to learn a task which should not take a week to acquire. It is not too much to say that, though fine cookery is an art requiring a lifetime's experience, such cookery as is practised even in prosperous middleclass English houses could be acquired by a willing girl of fourteen, of very average intelligence, in the space of from three to six months.

But matters are moving, if slowly. That they cannot move faster is entirely owing to the vicious circle in which female labour at present revolves, a most mournful and heart-breaking circle, with which I will deal in a subsequent article.

All female workers owe a debt of gratitude to women like Miss Helen Smith, B.A., who are strenuously striving to improve the industrial status of the working-class woman. Miss Smith is the Lady Superintendent of the Borough Polytechnic

Institute, a Polytechnic in which the highly-successful trade classes for males have been organised to a great pitch of excellence. Miss Smith, for her part, is organising trade classes for women which, in the happier future dawning for women's work, will doubtless grow into a prosperous trade school.

Co-education for boys and girls is obviously the thing of the future, and in that day the same trade classes may teach the two sexes. But, for the present, trade classes should certainly be set up specially for girls and women, in which, as victory after victory is won, can be learned those various trades suited to female workers, also those forbidden higher branches of trades women are allowed to enter, but only as humble hewers of wood and drawers of water.

The number of skilled industries in which women of the working classes may take part is, for the present, painfully small; but, with the added facilities for which women are now striving, and which there is no doubt will eventually be obtained by their determination, inch by inch, the number will grow satisfactorily as the years go by.

It may be urged, when I deal further on with the poor little list of trade classes for females, that in most of the trades enumerated, instruction for girls is, and has always been, obtainable by the apprenticeship system, which, in their case, has never been tampered with. But apprenticeship has its grave drawbacks. The period is longer than it ought to be, seeing how very little the apprentice acquires, and how very narrow is the instruction given.

The apprentice is too much used to fetch and carry, and in her work she is kept far too much to some special fragment of her trade, thus preventing her from acquiring that systematic insight into the whole which is the basis of future success in all trades or professions. This grave drawback the trade class remedies. Expert teachers are employed, who are thoroughly acquainted with all the branches which they are engaged to impart. Hence the young learners thoroughly acquire the trade from its first easy steps to its higher possibilities, and a girl, if she is competent and industrious, leaves with the elements of her trade "at her fingers' tends," ready to develop in a very short time into a first-class workwoman with a really promising future before her.

J. H.

(To be continued.)

No. 6664.—EXQUISITE GOWN FOR THE FEBRUARY COURTS.

For Description see Pages 30 to 34.

Price of Paper Patterns, Court Train, 2s. 0½d.; Skirt, Foundation Skirt or Bodice, each 6½d., post free, of MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C.*

No. 6665 No. 6666 No. 6667 No. 6668

A "LILY" WEDDING GROUP; GOWNS FOR BRIDE,

For Descriptions see

Price of Paper Patterns, Pleated and Trained Skirts, and Princess Gown, each, 1s. 0½d.; Skirts, Foundation S

No. 6669 No. 6670 No. 6671

BRIDE, BRIDESMAIDS, BRIDE'S MOTHER, WEDDING GUESTS.

riptions see Pages 30 *to* 34.

undation Skirts, Frock, Bodices, each 6½*d.; Pelerine,* 3½*d., post free of* MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C.*

DESCRIPTIONS OF THE FREE PATTERNS.

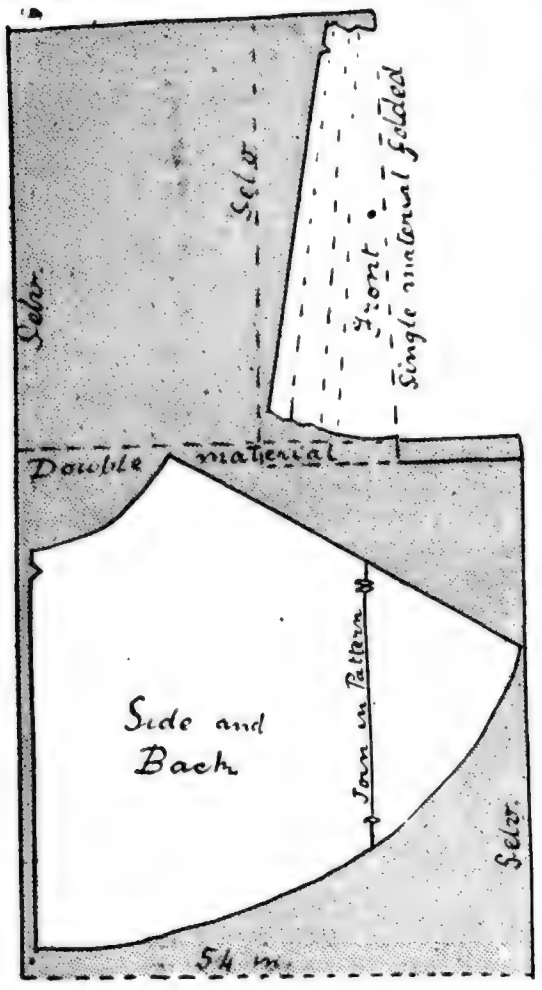


DIAGRAM OF FREE SKIRT PATTERN.
(See Page 25.)

DAY OR EVENING SKIRT.

THE model is a very smart one, and can be commended for those who are mapping out a bridal trousseau, as it is equally adapted for day or evening wear, and is therefore a capital pattern for a smart "utility" skirt of soft black silk, black velveteen, or any of the finer black cloths. The sides and back are slightly full; the front forms two pretty box-pleats, which conceal the tablier seams (the opening is in the left tablier seam). A band of the material, cut on the skirt pattern, decorates the sides and back, edged with little frills of silk.

The pattern is in two pieces: one circular side (cut with back), half the pleated tablier. The paper not being wide enough for circular piece has to be joined at double and single notches (see diagram). The pleats are wheelmarked on the diagram, which shows the pattern pieces laid on 4 yards 54-inch cloth, which is double beneath the circular piece, so that it is cut in duplicate. For *cloth*, do not fold it, as that would reverse the texture, and cloth is not reversible. Cut the cloth and lay the two widths face to face, direction of texture coinciding. The single material is folded over just enough to take the front pattern, its front centre laid along the fold. There is plenty of material left for the shaped band trimming, also for a false hem.

Tack together front and sides leaving opening in left seam. Arrange the pleats, gather top edge, and try on. Stitch and press seams. Fell the openings with bands of sarsenet, and close with very small de Long hooks and worked loops. The pleats are stitched down to knees. The edge in front is felled invisibly—the French hem; but the sides and back are stitched, as the stitches are hidden by the shaped band, which is lined with lino and is edged with silk frills. This band is stitched in place. Skirt top is gathered into a ribbon and closes with hooks and eyes.

For beautiful fine cloth at moderate prices send to Best's Dress Goods Co Department M, Bradford, who pay cost carriage both ways.

EVENING CACHE CORSET.
For Description see Page 25.

THE CUT-OUT PAPER PATTERN OF THIS CACHE CORSET IS GIVEN FREE WITH THIS NUMBER.

NOVEL STRIPED BLOUSE.

This is a beautiful model for striped mousseline de laine, silk or Viyella. The beauty consists of the arrangements of the stripes. The flat pattern only is given, as the box-pleats' size must depend on the proportion of the stripes, and pin-tucks cannot be given in paper. In choosing a striped fabric take one in which the plain stripe is considerably wider than the fancy stripe. In the beautiful model illustrated the plain blue stripe was three times the width of the white fancy stripe. Another beauty of the blouse is the way in which portions are cut on the straight and on the cross.

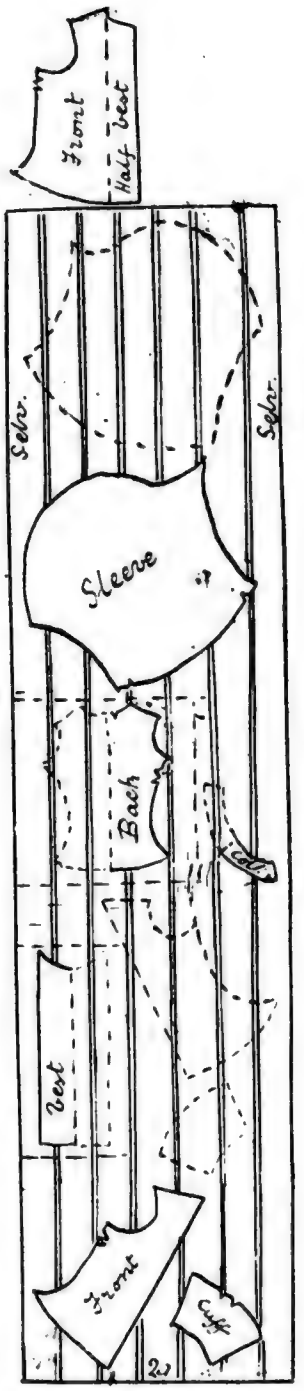


DIAGRAM OF FREE BLOUSE PATTERN.
(See Page 25

"I thought I must write to tell you how very pleased I am with the skirt pattern you sent me."—E. H.

The pattern is in five pieces: one front (cut with half the vest), half the back, one sleeve, one cuff, half the collar. The fronts can be cut entirely on cross, finished with

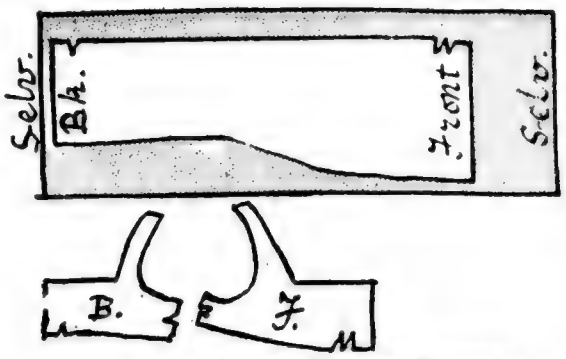


DIAGRAM OF CACHE CORSET PATTERN.
See Page 24.

a pin-tucked band of the plain stripe; or the vest can be cut off as shown in pattern front above the diagram, the half vest being 2½ inches wide. The diagram shows the pattern pieces (vest and front cut apart) laid on 4 yards 29-inch striped material, which is single, the duplicate pieces, also lacking halves of vest, back and collar, marked out on the material. In cutting see that cross stripes come exactly on a level for fronts (stripes would meet in V points were it not for the vest between them). As shown, leave plenty of material for box pleats. These are only on two pieces (back and vest), cut on the straight. Pin-tucks take very little material. Before completely shaping fronts and cuffs (on

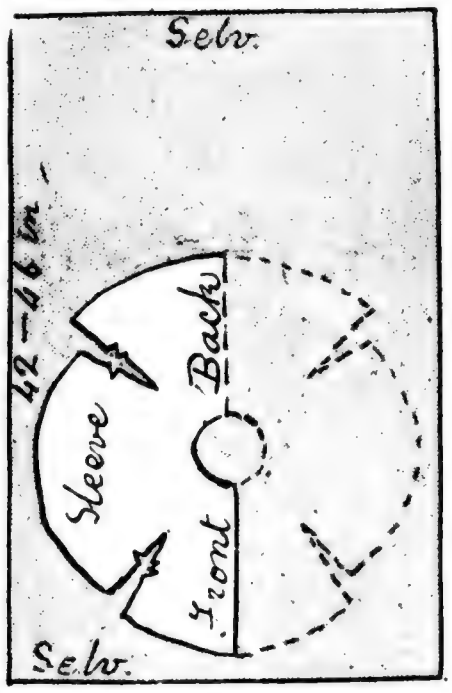


DIAGRAM OF KIMONA PATTERN.

cross) roughly cut them out, leaving big turnings, and pin-tuck shoulders and cuffs. Then shape them correctly on flat pattern.

The back is very pretty. The central plain stripe is pin-tucked. The plain stripes to left and right are arranged in box pleats. Pin-tuck the centre, and make your box pleats before you cut out the back exactly to flat pattern. In the same way make your box pleats in the plain stripes before cutting the vest. The blouse closes on left of vest with tiny hoops and worked loops.

The sleeve is simply cut on cross, and is gathered into pin-tucked cuff which is seamed, except for an inch at edge, where it closes with a hook and worked loop. The basque edge is hemmed. The collar (on cross) is pin-tucked. It is sewn to right side and back, the left side of blouse being bound with a bias band of the material. The collar hooks at back, also on left side.

For mousseline de laines, send to Best's Dress Goods Co., Department M, Bradford.

DAY OR EVENING SKIRT AND NOVEL STRIPED BLOUSE.
(*For Description see Page 24.*)
THE CUT-OUT PAPER PATTERNS OF THIS SKIRT AND THIS BLOUSE ARE GIVEN FREE WITH THIS NUMBER.

INFANT'S EMBROIDERED KIMONA, WORKED IN "PERI-LUSTA" THREAD.
For Description see page 26.
THE CUT-OUT PAPER PATTERN OF THIS KIMONA IS GIVEN FREE WITH THIS NUMBER.

EVENING CACHE CORSET.

This is an original and very dainty little model of nainsook and lace. It could be trimmed, for a bridal trousseau set, to match the chemise, No. 6676.

The pattern is in three pieces—half the lace yoke back, one front of yoke, half the bodice. On the yoke pattern make up the yoke out of Valenciennes insertion whipped or stitched together, and headed by a band of ribbon-threaded beading, and a tiny frill of Valenciennes. The armholes are edged with Valenciennes.

The diagram shows the bodice pattern laid on ¾-yard 36-inch nainsook, which is double, so that the pattern is cut in duplicate. Seam together the selvedges at the back. Whip, according to notches, into the yoke. Finish the front edges with bands of nainsook. The buttons are sewn down the left front, buttonholes being made in the underfold of right front. The lace yoke part is simply hemmed, closing with small buttons and worked loops. The lower edge is whipped into a beading a trifle longer than the waist measurement, the beading being drawn up by a ribbon-runner.

This little model serves as a lovely little underslip for transparent blouses.

The petticoat illustrated is a beautiful one for plain and broché silk. The broché forms the skirt, the plain silk forming the shaped band and full shaped flounce. This flounce is decorated with a lattice of velvet ribbon, and two lace

"I have been a subscriber for years and always find your journal so useful."—C. A.

flounces. The cost of the pattern is 6½d., post free.

BABY'S EMBROIDERED KIMONA.

The pattern is in one piece, half the jacket. The diagram shows how to lay the pattern on 30 inches of 42-inch cashmere. The single notch shows the sleeve edges, the double notch the under-arm edges. Full directions for making and embroidering this dainty little garment will be found on page 17.

Prize Recipes.

A prize of 2s. 6d. is awarded for each of the following Recipes and Hints:—

PRIZE COOKERY RECIPES.

An American Recipe for Cooking Partridges.—Wash the bird in cold water with a little baking soda in it. Wipe it perfectly dry, and rub thoroughly, inside and out, with salt and pepper. Then rub the outside with soft butter, and sift it well with flour. This forms a paste which serves to keep in the pieces. Pour a quart of boiling water into a roasting pan (placing the bird on a stand, so that it does not touch the water), and roast in a quick oven for forty-five minutes (less time will do if the bird is very small). After the first fifteen minutes, baste it every ten minutes. If these directions are followed the bird will be deliciously juicy, with a fine flavour. Serve with a garnish of watercress, and hand red currant jelly with it.—Mrs. E. Dalby, Bank House, Mildenhall, Suffolk.

A Delicious Potato Pudding.—Take five good sized potatoes, peel and boil them in the usual way, with a very little salt. Strain the water off, and rub the potatoes through a sieve. Add 2 ounces of butter, 2 tablespoonfuls of castor sugar, 2 eggs, well beaten, the grated rind of two lemons, and the juice of one. Mix well together, and pour into a piedish (1½ pint size) and bake in a moderate oven for one hour. This is a most delicious pudding.—Mrs. E. M. Curtis, 65, Walford Road, Stoke Newington, London, N.

A German Recipe for Red Cabbage (as a vegetable).—Chop a head of red cabbage finely; pour boiling water over it, and strain before putting into the cooking pot. Add to the cabbage three apples, peeled and cut in quarters, five ounces of chopped bacon, five ounces of butter (or fat), a little pepper and salt, one to two tablespoonfuls of vinegar, the same quantity of sugar, and half a pint of boiling water. Mix all together, cover the pot down, and boil slowly until the cabbage is tender (usually from 1 to 1½ hours). Stir with a wooden spoon now and then.—Miss Ethel Winkler, Charlottenbrunn, Schlesien, Germany.

Bread as Made in South Africa.—Ingredients: 7½lb flour, 1 tablespoonful of salt, 1 tablespoonful sugar, 1½ breakfast cupfuls of liquid yeast, 4½ breakfast cupfuls of rather warm water. Put 7½lb of flour in a rather large basin. Mix with it the salt and sugar. Make a hole in the centre of the flour, and pour in the yeast and the warm water at the same time. Mix thoroughly with one hand. Clean the hands with flour, and work the bread on a board until it no longer sticks to the basin or the hands—about ten to fifteen minutes suffices. Flour the basin, return the dough to it, cover with a clean cloth, wrap it up in a warm blanket, and leave to rise. If the bread is set at seven o'clock in the evening, it will be ready for the tins at six o'clock in the morning. This is a great advantage in a busy household. The above named quantity makes five good, large loaves. They will take 1 hour, or a little longer, to bake.—Miss M. Anderassen, Greenwood Park, Natal, South Africa.

HOUSEHOLD HINTS.

For Suet Puddings.—(*a*) Always mix with *boiling* water. This will make them much lighter. (*b*) If lamp wicks are dipped in vinegar before using, the lamp will burn much more brightly. —Mrs. Morgan, Hickman's Lane, Lindfield, Sussex.

A Darning Hint.—To prevent darns from shrinking, before using the wool, pour fairly hot water over it, and without wringing any of the water out, hang up to dry. The wool shrinks as much as it means to do during this process, and darns made with it wear better, and they do not shrink.—Mrs. S. G. Rowe, Emscote, Sandwell Lane, Handsworth, Birmingham.

Two Hints for Old Houses.—(*a*) A Polish for Old Oak—Mix together 2oz of boiled linseed oil, 3oz of turpentine, 1oz of vinegar, and ¼ of a pint of methylated spirit. Rub this mixture well into old oak furniture, and polish with soft dusters. (*b*) To Make a Wall Damp Proof—Brush it over well before papering with a varnish made by dissolving ¼lb shellac in 1 quart of naphtha.—Mrs. P. Kettlewell, Manor House, Howden, E. Yorks.

A Family Filter.—Take a large garden pot and stop the hole in the bottom of it by placing a piece of sponge lightly in it. Cover it with a few inches of powdered charcoal, fill with water, and let it stand over a pail, or tub, or pan, supported by two or three sticks laid across. The water filtering through the charcoal will be freed from all impurities, and will be fit for family use. The charcoal should be changed every three months, and the sponge twice a year. —Mrs. Henry Higgens, Sutton Valence, Maidstone.

Note. — All prize-winners, when they see their names announced, must apply by letter for any prize they may be awarded. If such application is not made within a month of the date of the number containing list of prize-winners, the prize will be cancelled.

All recipes and hints intended for competition must be sent to Mrs. Hope, 10 and 11, Fetter Lane, E.C. They should not be included in envelopes containing queries for other departments, as that entails considerable delay. Competitors must write their recipes or hints each on a separate sheet, and must put *their name and address* on each. A Coupon (see page 42) must be sent with Competing Recipes and Hints.

No. 6678

No. 6672

No. 6674

DAINTY HATS FOR THE EARLY SPRING.

For Description see Pages 30 to 34.

"My sisters . . . have recommended me to try your patterns as being so satisfactory in every respect."—A. M. R.

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FOR EMBROIDERY.

These Threads are of English Manufacture throughout, and they are made in more shades than any other makes, viz., **250** of the most beautiful Art Shades, thus rendering it possible to obtain effects in coloured designs that are wholly impossible with any other thread.

EQUAL TO SILK AT THE COST OF COTTON.

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The Work for which Prizes are awarded in our £100 COMPETITION will be Exhibited in the Window at Messrs. JAMES SPENCE & CO.'S, St. Paul's Churchyard, London, E.C., from FEBRUARY 11th to 16th inclusive.

Messrs. SPENCE keep a full range of "PERI-LUSTA" threads and all the necessary materials for Working.

ASK YOUR WOOL DEALER TO SHOW YOU THE "PERI-LUSTA" THREADS AND JUDGE THEM FOR YOURSELF, AND IF HE DOES NOT STOCK THEM SEND TO US FOR THE NAME OF OUR DEALER IN YOUR NEIGHBOURHOOD.

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IS NOW PROCEEDING, and will continue throughout the month. *OUR CIRCULAR,* which gives full particulars, will be sent post free on receipt of post card.

BLACK SILKS AND SATINS.

WE HAVE A GRAND SHOW OF BLACK BROCADED Silks, a selection of 50,000 yards for our patrons to choose from, and over 300 various styles. We give grand value, and goods that can be thoroughly recommended for wear, all silk spot mervs, round and oblong spots, 20-inch 1/4½, spots, dashes, shower spots and oblongs; 21-inch 1/7½, spots and shamrock styles; 21-inch 1/11½. We have 75 various styles, small and large, handsome styles in 21-inch at 2/6½, worth 3/6; we have 40 handsome styles, 20-inch 2/9½, worth 3/11; we have 30 styles, spots, small and large styles, 21-inch, 2/11½; rich duchesse satin brocades, all bright silks, elegant style, 22-inch, 3/11½, worth 5/9; grand styles, 10 designs 22-inch, 4/11½, worth 7/6: our best goods, rich large designs, 12 styles, 23-inch, 6/11½, worth 10/6.

SHOWROOMS—STOCKTAKING SALE.

Annual Clearance of Surplus Stock.

Great Bargains

Lot 1.—LADIES' ¾-LENGTH SWING-BACK TWEED coats in Grey and Heather mixtures, in plain and overchecks, also black cloth jackets same style. Stocktaking sale price 4/11½ each, the usual prices being 18/11, 21/9, 24/9, and 29/9, in s.w., w., o.s., and e.o.s. sizes.

Lot 2.—LADIES' ¾-LENGTH FITTING BLACK CLOTH Jackets, to be had in s.w., w., outsize, also extra outsize. Stocktaking sale price 4/11½ each, usual price 24/9. Wonderful value.

Lot 3.—LADIES' BLACK AND NAVY PIRLE-finished Cloth Dress Skirts, in lengths 38, 40, 42, and 44-inch long. Stocktaking sale price 2/11½ each, usual prices being 6/11, 7/11 and 8/11. Wonderful value.

Lot 4.—LADIES' GREY TWEED DRESS SKIRTS IN lengths of 38, 40 and 42-inch only, to be cleared at 2/11½ each, usual prices being 6/11, 7/11 and 8/11 each. Special bargains.

Lot 5.—LADIES' COATS AND SKIRTS, ALL TAILOR-made, the Coats are all ¾-fitting, the Costumes are in grey, crushed strawberry, reseda, and light navy; these are all to be cleared at one price. Sale price 9/11 the costume, the usual prices being 29/9, 35/9, 39/9 and 45/-. Wonderful reductions.

Lot 6.—A FEW WOVEN FIGURED ZEPHYR LAWN Washing Costumes, in sky and pink only. Stocktaking sale price 4/11½, usual price 21/9. Wonderful value.

Lol 7.—LADIES' LONG GREY TWEED PALETOT, a few only. Stocktaking sale price 12/11 each, usual 29/9. Special line.

Lot 8.—LADIES' NAVY BEAVER CLOTH ¾-SAC COAT. Chesterfield front with nutria beaver fur collar. Stocktaking sale price 25/9, usual price 49/9.

Lot 9.—A FEW ONLY OF LADIES' BLACK CARACUL Cloth ¾-fitting Coats with sable shade marmot fur collar, lined Tryme-soie silk throughout. Sale price 49/9, usual price 5½ guineas.

Lot 10.—LADIES' FANCY GREY TWEED SAC COAT with opossum collar, lined fur. Sale price 18/11 each, usual price 45/-.

Lot 11.—LADIES' FAWN DONEGAL TWEED ¾ SAC Coats lined best quality squirrel lock. Sale price 18/11, usual prices being 55/- and 59/9. Wonderful value.

Lot 12.—A FEW FRENCH MODEL DRESS ROBES, IN all-wool crepeline, beautifully made and trimmed. Stocktaking Sale price 19/11 the robe, including full length for bodice, usual prices being 39/9, 45/-, and 55/- each.

Lot 13.—A LOT OF GIRLS' DARK TWEED AND CLOTH Costumes, in sizes 5, 6, 7, and 8, Sale price 6/11 the costume, the usual prices being 25/9, 27/6, 29/9, and 35/-. Wonderful value.

Lot 14.—A LOT OF TAILOR-MADE UNION LINEN Unmade Robes, with full length for bodice, all up-to-date fashion, can be had in shades of light butcher blue, pink, mauve, eau de nil, white, cream, holland, and black. Stocktaking Sale price 9/11 the robe, usual prices being 18/11, 19/11, and 21/9 the robe.

Lot 15.—A FEW FRENCH BLACK TAFFETA SILK Bolero Coats to be cleared at 9/11 each, usual prices 29/9 and 35/9.

Lot 16.—A FEW HAND EMBROIDERED WHITE Irish Linen Lawn Robes, all handsomely Irish hand embroidered, with full length for bodice to correspond. Sale price 29/9 the robe, usual price 45/9.

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SAMUEL LEWIS & CO., 5, 6, 7, 8, 9, 10 & 11, HOLBORN BARS, E.C.

Practical Dressmaking for Home Dressmakers.

EMPIRE LOUNGE OR DRESSING GOWN.

THIS very smart model, which should be included in every bridal trousseau, serves as a dressing-gown, a smart lounge gown, or a beautiful tea-gown, according to the fabric of which it is built. For a tea-gown it looks lovely in double-width cashmere-back satin. The skirt is beautifully modelled in the latest style for Empire gowns — the two-piece umbrella. If narrow materials are used, breadths must be seamed up the selvedges, design (if any) made to meet, the front centres being on the straight, down one selvedge. The gown illustrated is of pale mauve cloth, trimmed with coarse white lace. (For the cloth send to Samuel Lewis's, The Holborn Silk Market, Holborn Bars, E.C.). The pattern is in six pieces; one back, one front, half the umbrella skirt, one sleeve, one sleeve lining, one cuff. The diagram shows the pattern pieces laid on 5 yards 48-54-inch material. As the material is not wide enough for half the skirt pattern, added corners (large) must be seamed on at *a b*. The single material is folded over (selvedges meeting), the centre of back bodice pattern laid on the fold so that it is cut in one piece, the bodice front being cut in duplicate.

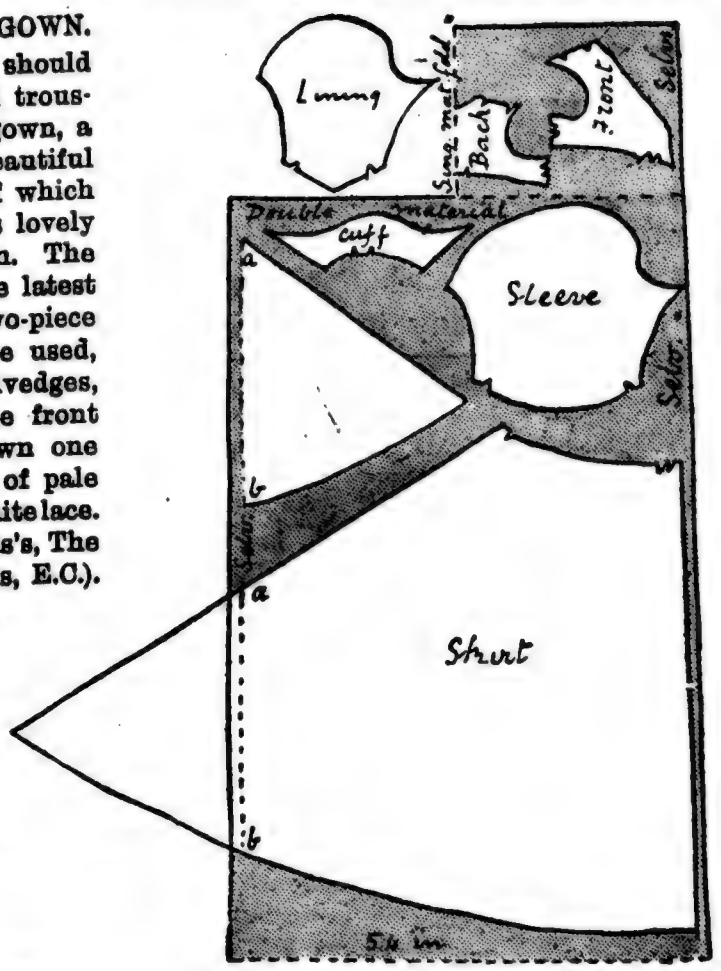


Diagram of Gown Pattern.

The cloth is opened out and is double, so that skirt, cuff, and sleeve are cut in duplicate. As cloth is non-reversible, do not fold the material; but cut it, and lay the two widths face to face, direction of texture coinciding in both. The gown can be simply hemmed or can be stitched.

Tack together back and fronts of bodice; tack back seam of skirt; tack together bodice and skirt, and try on. Stitch the seams, press them. Stitch the hem. Face fronts with a strip of the cloth or lining to match, and make buttonholes in right facing which is slipstitched to front between each button. Good turnings must be allowed. Sew buttons down the left front. Trim right front and neck with lace. A strip of sarsenet should be felled over the neck turning. Sash of satin ribbon.

The sleeve is seamed and is arranged on the seamed lining. The cuff, which is of the cloth, is stiffened, lined, and is trimmed with lace.

No. 6675.—An Empire Lounge or Dressing Gown.

Good model for a bridal Trousseau.

For Description see this Page.

Price of Paper Pattern, 1s. 0½d., *post free, of* Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

No. 6676.—An Evening Chemise.

For Description see this page.

Price of Paper Pattern, 6½d., *post free, of* Madame Myra, *10 and 11, Fetter Lane, E.C.*

EVENING CHEMISE FOR A BRIDAL TROUSSEAU.

This chemise reaches the knees of an average figure. If it is desired longer, to serve as an under petticoat, it should be edged with a frill of lace. It is a beautiful model and could be trimmed to match the Cache-Corset Free Pattern (see page 24).

The pattern is in four pieces: half the front yoke, half the back yoke, half the front, half the back. The diagram shows the pattern pieces laid on 2¼ yards of 36-inch nainsook, which is folded in half (selvedges meeting), centres of pattern pieces laid on the fold so that each is cut in one piece. The material not being wide enough for front and back of chemise, added corners must be seamed on at *a b*, *c d*. The yoke is cut with shoulder straps to be a guide for placing the ribbon. They can be cut away if ribbons are used.

Sew the seams *a b*, *c d* and double notch seams: a run-and-fell seam. Hem the lower edge. Decorate the front with appliqués of coarse lace.

Tack together the yoke pieces. Try on.

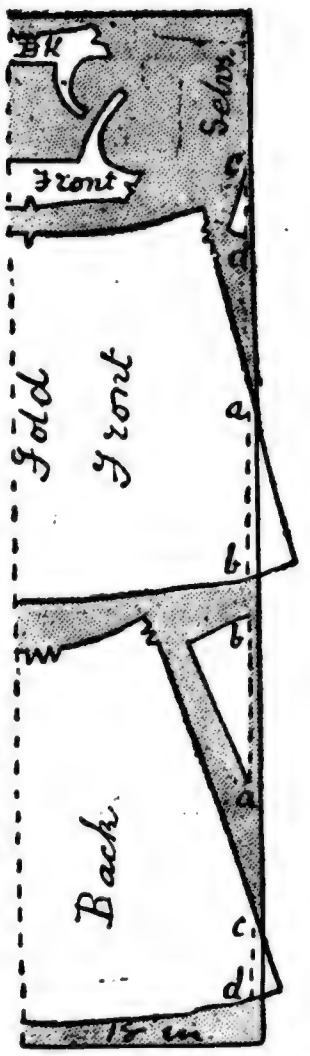


Diagram of Chemise Pattern.

"I have just commenced taking your journal, and am very pleased with it."—N. B

No. 6677.—A "PEPLUM" TEA JACKET.
For Description see this page.
Price of Paper Pattern, 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

Sew the single notch seam. Cut slots in the yoke, and thread with a 1½-inch pale pink ribbon. The slots are worked with satin stitch, or a lace with slots can be substituted, threaded with ribbon. Put on the ribbon shoulder straps.

Lovely nainsooks can be had from Christopher Williamson Maddapollam Department, 91, Edgware Road, W.

TEA JACKET OF LEWIS'S WONDERFUL VELVETEEN.

Good model for a bridal trousseau. It shows the elegant 'Grecian' points which are in such favour with the smart *couturiers* of the Rue de la Paix. It looks lovely in a pale coral pink shade, lined with white silk, and decorated with chenille or bead tassels. There are five points, getting shorter towards the back. The collar has four tasselled points, two in front, and two at the back. The low neck is partly filled in with folds of white chiffon.

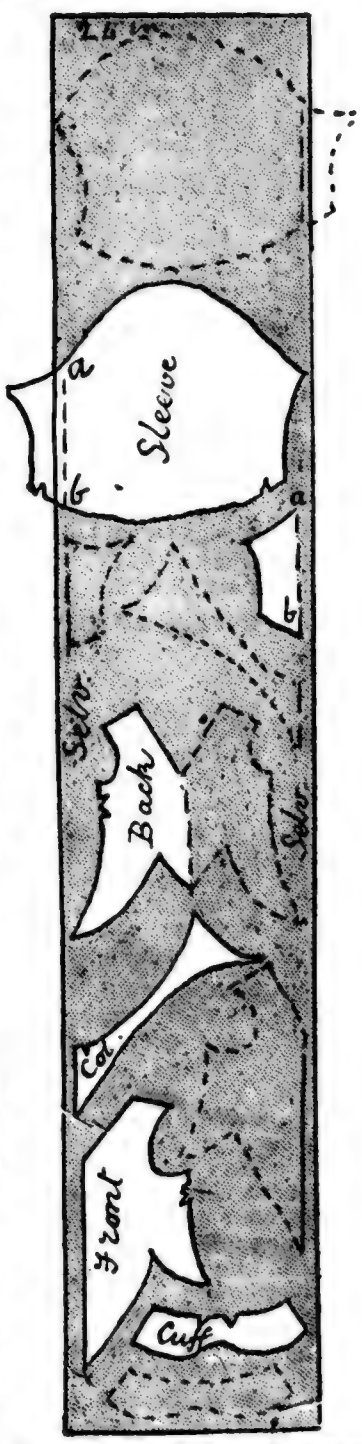


DIAGRAM OF JACKET PATTERN.

The pattern is in six pieces: one front, half the back, half the collar, one cuff, one sleeve, one sleeve lining. The diagram shows the five pattern pieces for material laid on 3¼ yards, 24-inch velveteen. See that the pile feels rough if smoothed *downwards*. The duplicate pieces and the lacking half of back are marked out on the single velveteen. The material not being wide enough for the sleeves, added corners are seamed on at *a b*.

Tack together back and fronts. Try on. Stitch the seams. Turn the edges over a band of lino and herringbone down. Cut a white silk lining on coat pattern. Seam and press it. Tack it in place and slipstitch edges to the turned velveteen edges. Sew on the tassels. Coat closes with a single hook and eye at neck. Stiffen and line the collar. Put on the tassels. Sew the linings into neck, and fell the velveteen (raw edge) over the seam.

Seam the sleeve lining. Seam the velveteen sleeve and arrange on lining. Stiffen and line the cuff, and arrange on sleeve. The sleeve top is stitched into the velveteen armhole, the armhole lining felled over the seam.

For the "Wonderful" Velveteen (2s. the yard) send to Lewis's, Market Street, Manchester.

No. 6678.—A THEATRE OR DINNER BLOUSE.
For Description see this page.
Price of Paper Pattern, 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

A TUCKED THEATRE OR DINNER BLOUSE.

This very dainty blouse looks well in white crêpe de chine, decorated with flowered chiné ribbon. (For patterns of crêpe de chine in white or the newest colours send to Best's Dress Goods Co., Department M, Bradford, who pay cost of carriage both ways). Blouse pattern is in four pieces—a tucked front, half the tucked back (tucks are wheelmarked on front and back patterns), one sleeve, the sleeve lining. The diagram shows the pieces laid on 2¾ yards 44-inch crêpe de chine, which is opened out and is double beneath the sleeve pattern, so that it is cut in duplicate. The single material is folded over (selvedges meeting), the centre of back laid along the fold so that it is cut in one piece.

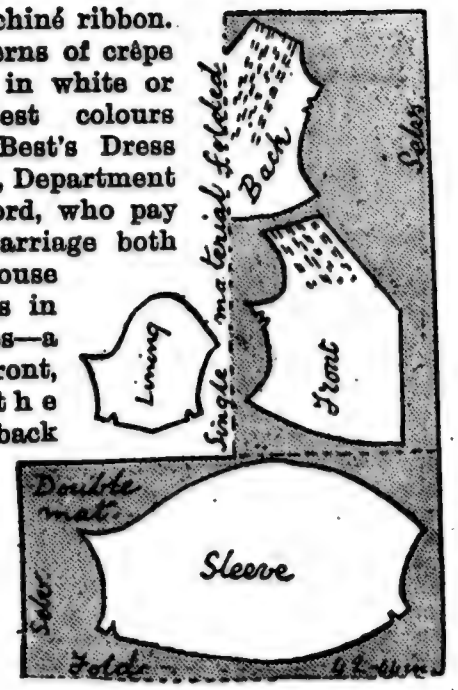


DIAGRAM OF BLOUSE PATTERN.

Stitch the tucks. Tack together back and fronts, and try on. Hem the basque. Hem the front edges, and close with a few de Long hooks (very small) and worked loops. Hem the neck with a band of chiné ribbon. A fold of white point d'esprit net is placed inside the neck, lying on the bare skin. A bow of ribbon finishes the band in front. Ribbon bands drape the front of the blouse and can form the belt. The belt can be of velvet, of the same shade as the chiné design on the ribbon, supported on bones. The sleeve is a very graceful one. gathered on the smaller lining, according to the notch, to form the sleeve frill which is hemmed. The sleeve is then closed at the inner seam, and is stitched into the armhole. A lace frill can finish the sleeve, headed by a strap of ribbon.

The work competing in the "Peri-Lusta" grand fancy work competition is coming in in large quantities, and the proprietors are more than delighted with the specimens.

I understand they have been able to make arrangements with Messrs. Jas. Spence and Co., St. Paul's Churchyard, London, E.C., by which the latter firm have agreed to exhibit the pieces of work for which prizes have been awarded in their window from February 11 to 16 inclusive. Ladies would do well to make a visit to this shop, which is facing the Cathedral. They will find that Messrs. Jas. Spence & Co. keep a full stock of "Peri-Lusta" threads and all the materials necessary for art needlework.

Every lady who has sent in a piece of work for the Competition will have the names and addresses of the prize-winners forwarded to her by post after Mrs. Humphry, "Madge," of "Truth," has had an opportunity of judging the work.

"Being a dressmaker, I find your journal most useful to me, and feel I do not like to be without it."—F. M.

Descriptions of Our Illustrations.

Evening Cloak for a Bride.

No. 6622, **Page 3.** Rich but useful cloak. Lovely model for the new cloth brocaded with velvet. Two backs, two sides, and two fronts, mounted on a three-piece yoke of plain cloth to avoid the thickness of the pile floral design. Line with satin. Cloth pélerine with added shaped band, both raw-edged, faced with lace dyed to match the cloth or string colour. Tips of pélerine are decorated with a velvet ribbon drapery, the ends tagged. Sleeve of shaped cloth bands on a satin lining. Beneath edge is a lace frill. Collar of cloth and lace, lined satin. 48-inch broché cloth, 5 yards; 52-inch plain cloth, 3 yards. The shaped bands can be cut on pélerine and sleeve patterns. Bias bands can be used for sleeve where there is no sharp corner.

Morning or Cycling Costume.

No. 6623, **Page 6.** Five-gore skirt of tartan, with inverted box pleat back and front, the front pleat stitched down. Line with linennette. The hem should be stitched down, and the braid decoration be very firmly stitched on if the gown is to be used for cycling. The pattern of coat is in eight pieces (half the coat)—one back, two sides, one front side, one front, half the collar, the upper and under of one sleeve. Lay the coat pattern on 3 yards of 52-inch material, which is doubled (selvedges meeting), so that pattern pieces are cut in duplicate. Front and back seams (side) are lapped. Tack together backs, sides, and fronts. Try on. Stitch and press the seams. Turn up the edge all round over a band of lino. Face fronts with tweed. Coat closes Chesterfield style with buttons and buttonholes made in right facing. Collar is interlined and faced with braided tweed. Cut silk lining on coat pattern. Seam and press it. Tack it in place and slipstitch the turned edges over the coat edges. The sleeve is seamed and lined. The edge is decorated with braid. Sleeve is stitched into the armhole, and the coat lining is felled over seam. 54-inch tweed for skirt, 4 yards.

Charming Tailor Gown of Fine Navy Serge.

No. 6624, **Page 6.** Two-piece skirt, cut circular enough to flute handsomely; front edges lapped and decorated with velvet buttons. Line or wear over a 5-gore foundation skirt. Velvet belt supported on bones. Bolero of the serge—two fronts, one back, arranged into straps, front and back straps cut in one with the three-piece yoke. Decorate with velvet buttons. Stiffen the straps and added revers. Waistcoat fronts (four) of white cloth closing with velvet buttons and hooks and eyes. Line with silk. Sleeve on smaller lining tucked (tucks wheelmarked on pattern) into the cuff of serge. Bows of velvet. 52-inch serge, 6 yards. For fine serges send to Best's Dress Goods Company, Department M, Bradford.

Smart Gown of Striped Tweed.

No. 6625, **Page 6.** Five-gore pleated skirt (pleats wheelmarked) of striped tweed. Pleats are secured inside down to knees. Wear over the five-gore foundation skirt. Smart coat of tweed—a back, two fronts, two shoulder straps, a strap round coat a few inches above lower edge. Face fronts with lino and close edge to edge with hooks and eyes. Velvet buttons. Revers collar, faced with velvet and edged with a silk frill. Cuff and strap on the one-piece elbow sleeve, which is mounted on a smaller lining. Line with silk cut on coat pattern, but seamed apart. Belt of velvet supported on bones.

Smart Shirt of Striped Mousseline-de-laine.

No. 6626, **Page 7.** Pleated back fitted into a pointed yoke, both cut on straight of material. Pleated fronts cut on cross, arranged into the fronts (on cross) of the pointed yoke. Added front box pleat (on straight). Pleats are wheelmarked on front and back patterns. One-piece sleeve (on cross) gathered into the lower sleeve (cut on cross). Band collar supplied with buttonholes to hold the linen collar. Silk belt draped on bones, and silk tie. Metal buttons. For the mousseline de-laine send to Samuel Lewis's, The Holborn Silk Market, Holborn Bars, E.C. 29-inch mousseline, 4 yards.

No. 6679 No. 6680 No. 6681

No. 6682 No. 6683 Nos. 6684 and 6685 Nos. 6686 and 6687

DAINTY DETAILS FOR THE FEBRUARY BRIDES.

For Descriptions see Pages 30 to 34.

Price of Paper Patterns, Cache Corset, or Front, 6½d.; Belt, Collars, Sleeve, each 3½d., post free, of Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

A Pleated Viyella Shirt.

No. 6627, **Page 7.** The pattern is in six pieces—half the pleated back, the right pleated front (cut with central box-pleat), half the basque, one sleeve, half the band collar, one lower sleeve. Pleats are wheelmarked on front and back patterns. Lay the pattern pieces on 4 yards of 31-inch material, which is opened out and is doubled, so that front, sleeve, basque, and lower sleeve are cut in duplicate. The single material is folded (selvedges meeting), the back centres of back and collar laid on the fold. The left front is cut without box-pleat. Arrange the pleats. Cut and work slots in the box-pleat to hold the neck ribbon. Tack together the back, and two fronts. Add the basque. Try on. Close with small pearl buttons and buttonholes made in an underfold of box-pleat. Seam the four seams (run and fell seams). Arrange into the basque. Seam on the collar according to the notches. It holds the linen collar. Satin ribbon belt and tie. The sleeve is seamed inside with a fell seam. It is gathered into the seamed lower sleeve, which closes at wrist with a hook and worked loop. Gather the top of the sleeve into the armhole, and bind the seam for neatness.

Smart Blouse of Louis Chiffon Vel Duvet.

No. 6628, **Page 7.** A back, a narrow left front and a double-breasted right front (open at neck) of the Vel Duvet is arranged into a basque of silk lining to match. The open front is filled in with a vest of lace over silk. Collar of the Vel Duvet, headed with lace and lined with silk. Blouse lining is cut on blouse pattern, except sleeve, which is smaller. The Vel Duvet sleeve is very prettily draped. Vel Duvet cuff and lace frill. Metal buttons. Collar of lace-over-silk. 24-inch Louis Chiffon Vel Duvet, 5 yards.

An Embroidered Cashmere Blouse.

No. 6629, **Page 7.** Cut a bodice lining with two backs, four sides, three-piece front to close on left of centre panel. Tack, fit, seam, leaving side and shoulder seams. Veil panel and top with lace. Veil with back and two fronts of cashmere, embroidered with chenille and edged with velvet. Finish the seams. Velvet buttons and chenille brandenburghs. Belt of velvet, draped on bones. Puff sleeve beautifully draped to form a frill on a smaller lining, finished with puff frill. 44-inch cashmere, 2 yards. 18-inch lace, 1 yard. Lace band collar.

Blouse of Oriental Satin and Lace.

No. 6630, **Page 7.** A tucked front and two tucked backs of white satin (tucks wheelmarked on pattern) arranged into a three-piece yoke of white lace edged with wide insertion of black Chantilly. Lace collar. Puff sleeve of white lace strapped (on a lining) with black velvet. The sleeve is pleated to fit armhole. 44-inch satin, 2 yards; 18-inch lace, 4 yards. For the satin send to the Holborn Silk Market, Holborn Bars, E.C.

Charming Blouse of Black Merveilleux and White Lace.

No. 6631, **Page 7.** Cut a bodice lining with pointed three-piece front, to close on left of centre panel. Tack, fit, bone, leaving only side and shoulder seams. Drape with tucked vest of white net (over white silk), net tucked to flat pattern. On this bodice are arranged the merveilleux back and two fronts which are pleated to fit lining (pleats wheelmarked). A lining sleeve holds the one-piece merveilleux sleeve, arranged in two puffs and frill. Lace under frill. Lace collarette. 22-inch satin-merveilleux, 4 yards. For inexpensive merveilleux send to the Holborn Silk Market, Holborn Bars, E.C.

A Smart Tweed Coat and Skirt.

No. 6632, **Page 9.** Five-gore plain skirt, lined or worn over a foundation skirt,

"I have made my first coat and skirt from your free patterns of this month, and I am very pleased indeed with them."—R.

smartly trimmed with crossed broad braid held with velvet buttons. Elegant coat—a back, two sides, two double-breasted fronts, an added basque; waistcoat fronts of broché. Close with buttonholes and metal buttons. Waistcoat fronts should be faced with the silk lining. Strap the fronts where they join the waistcoat, also the neck with the fancy braid. Belt of the braid. Line with silk cut on coat pattern but seamed apart, slipstitched to the stitched coat edges and front facings. One-piece sleeve on a smaller lining, with cuff faced with braid. Sleeve is decorated with braid. 48-inch material, 7 yards. The waistcoat has velvet buttons, and is piped with velvet.

Charming Empire Coat and Skirt of Navy Serge.

No. 6633, **Page 9.** Five-gore skirt, sides and back decorated with braid and chenille motifs. Wear over a foundation skirt (or line with) of leaf green silk or moirette. Coat is very smart—a pleated back and two pleated double-breasted fronts, with braid strap holding pleats and simulating an added basque. Right front is edged with braid, which passes round neck. Chenille motifs front and back. Face fronts with serge (buttonholes made in right facing). Line with leaf-green silk cut on coat pattern and pleated with serge. Elbow sleeve on a smaller lining with serge cuff, stiffened and decorated with braid and chenille. 52-inch serge, 6½ yards. For splendid navy serge send to Best's Dress Goods Co., Department M, Bradford.

Beautiful Bolero and Corselet Skirt.

No. 6634, **Page 9.** Seven-gore corselet skirt, with seam in front to assist shape, of face cloth, decorated with shaped curved frills of cloth (raw edge, the shape of three scallops are given, the others cut on it). Velvet buttons. Line to hip, and bone with care. Wear over a five-gore foundation skirt. Bolero is very novel and elegant—a back and two fronts, decorated with straps (lower edge free, like a frill) cut on bolero pattern. This coat is mounted on a shorter three-piece silk lining (hemmed at lower edge), the fronts double breasted, front centres covered with striped velvet. Close with velvet buttons. Added revers (double) of striped velvet (lined) and the unlined cloth. Collar is faced with velvet. Front is very open to show blouse, or crossed waistcoat fronts of lace can be added with lace lower sleeve. Cloth sleeve is very smart, strapped with the striped velvet, with double bell cuff of cloth. Looks beautiful in deep shades of mauve, 52-inch cloth, 9 yards. For the cloth send to Best's Dress Goods Co., Department M, Bradford.

Lace Dress and Pekin Dinner Coat.

No. 6635, **Page 10.** Dress can be worn without coat, which is a model wearable over any fitted gown. Splendid models for a bridal trousseau. Seven-gore full skirt of rose-pink silk, the tablier veiled with embroidered silk muslin (white), the rest with flounces of white lace. Cut a bodice lining in silk with two backs, four sides, double front, bodice to close at back. Tack, fit, seam and bone, leaving side and shoulder seams. Mount on it the two-piece yoke of embroidery and lace. Drape the rest with front and two backs of lace. Embroidery band collar. Sleeve of the embroidery and lace arranged on a silk lining. 18-inch embroidery 4 yards; 22-inch silk, 12 yards. Coat of 22-inch Pekin—pink ground striped with green velvet. Two fronts, four sides, two backs, cut on cross, skirts cut very circular to flute. Coat should not fit too tightly. It is silk lined, piped round arm-holes, neck and front, with velvet. A velvet ribbon laces the fronts, passing over the metal buttons. 22-inch Pekin, 7 yards. Where necessary width of material is eked out with added corners, seamed on straight, the stripes made to meet neatly so that seams do not show.

An Early Spring Visiting Gown.

No. 6636, **Page 10.** Nine-gore skirt of velvet or veteen, unlined, worn over a silk foundation skirt; velvet belt supported on bones. The pélerine can also be of velvet, or it can be of ermine cloth striped with velvet bands. Wear with a smart lace blouse. White felt hat with cock's plume. 20-inch velvet for skirt, 10 yards.

Pretty Coffee Coat of Tucked Silk and Lace.

No. 6637, **Page 11.** The two-piece yoke is cut from tucked silk, tucks meeting at back in V points. A flounce of lace finishes the coat. Trim the silk with lace appliqués. Puff sleeves of plain silk with band of lace insertion running down it, gathered on a transparent lining. The lace flouncing forms a frill: 21-inch Jap silk, 3 yards.

Lace Coffee or Bridge Coat.

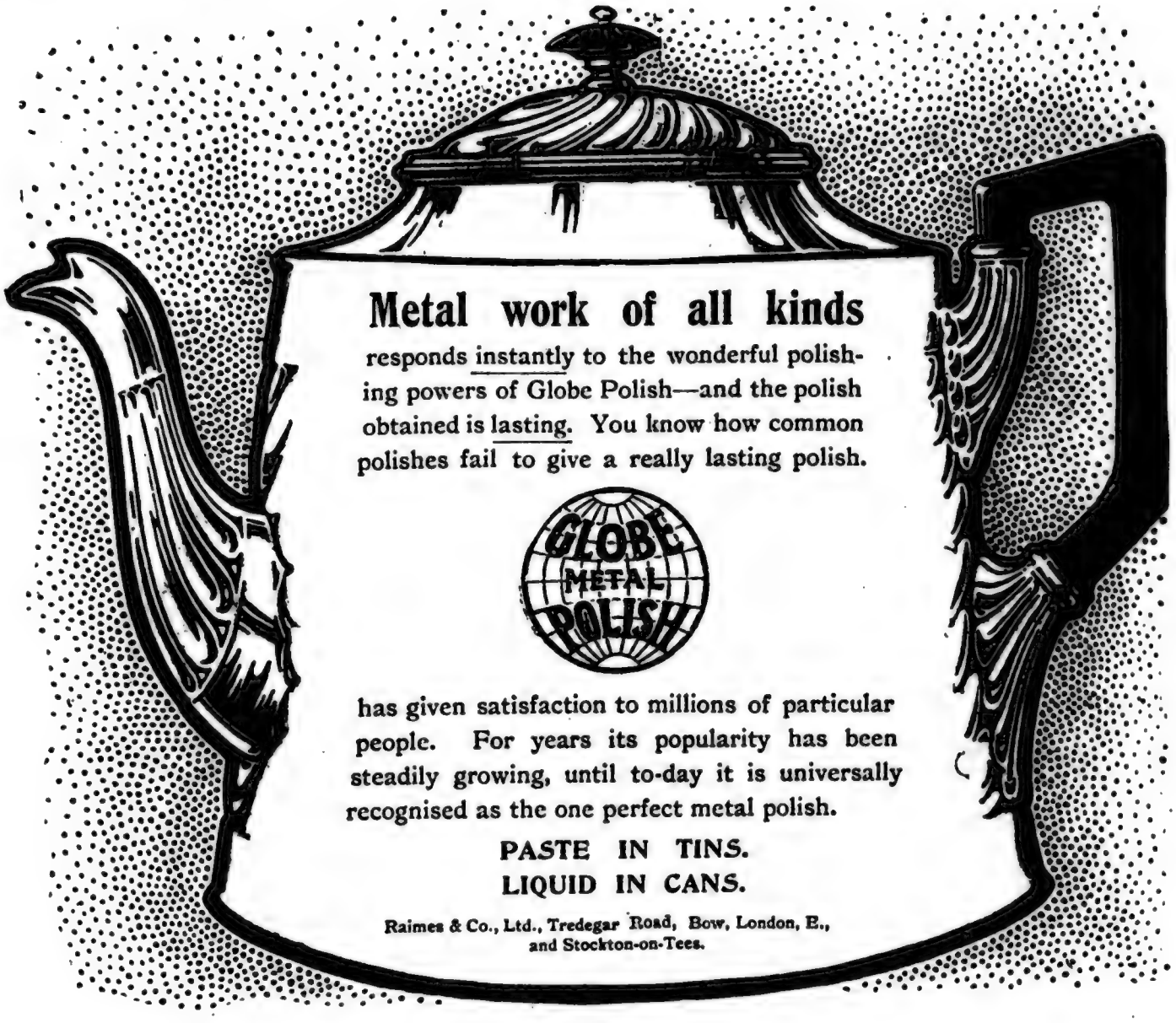
No. 6638, **Page 11.** A one-piece lace yoke is finished with a back and two fronts of accordion-pleated silk muslin (edged with a muslin ruche), which supports the two lace frills. Short sleeve of muslin (on a transparent lining) finished with a frill of the wide lace. The narrow flouncing continues over the sleeve like an epaulet. A ribbon drapery heads the lace frills. Muslin ruching trims neck and yoke fronts; 45-inch muslin, 3 yards; 18-inch lace for yoke, ¾ yard.

Empire Coat of Corduroy.

No. 6639. **Page 12.** Excellent model for day or evening wear. It is most useful in smoke grey, lined with white silk or satin. Four-gore skirt, each front forming a small pleat to continue the lap-revers of the bodice-front. Otherwise skirt is arranged smoothly into three-piece bodice. Line with satin seamed apart, slip-stitched to corduroy edges, which are herringboned over a band of lino. Close with hooks and eyes. The straps of embroidered satin are held with metal buttons. In cutting, see that corduroy feels rough if stroked downwards. Collar is faced with embroidered satin edged with velvet. One-piece sleeve on a smaller lining, with embroidered cuff and lace frill. Corduroy, 10 yards. For corduroy (1s. 6½d.) and satin send to the Holborn Silk Market, Holborn Bars, E.C.

A Tweed Skirt and Redingote.

No 6640, **Page 12.** The pattern of coat is in twelve pieces (half the coat)—one back, two sides, one front, half the pélerine, one cuff, half the collar, one sleeve, one sleeve lining, one pocket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strap, one shoulder strap, one waistcoat front. Lay the pattern pieces on 4½ yards of 52-inch cloth, which is doubled (selvedges meeting), the back centre of pélerine laid along the fold so that it is cut in a single piece, the other pattern pieces being cut in duplicate. Straps and waistcoat are of white cloth. Tack together backs, sides, fronts, waistcoat fronts. Try on. Stitch and press the seams. Turn up the edge all round over a band of lino. Close with hooks and eyes and decorate with round metal buttons. Cut silk lining on coat pattern. Seam and press it. Tack it in place and slipstitch the turned edges over the stitched coat edges. Face the turnover collar with white cloth and velvet. Pipe pélerine with white cloth. Sew the pélerine and collar into the neck, and fell the collar facing over the seam. The sleeve is seamed and lined. The edge is finished with a piped, stiffened cuff. Sleeve is stitched into the armhole, and the coat lining is felled over the seam. Pélerine need not be lined. Smart five-gore eel skirt, lined or worn over a foundation skirt. 52-inch cloth for skirt, 4½ yards. Skirt can be trimmed with a strap, matching coat straps.

Braided Corselet Skirt and Pelerine-Bolero.

No. 6641, Page 12. Nine-gore tucked skirt of faced cloth (tucks wheelmarked on pattern), arranged on a nine-piece corselet of lining. Seam and bone with care. Skirt is beautifully embroidered with very narrow silk braid. Wear over a five-gore foundation skirt. One-piece pélérine-bolero (with added side piece and under sleeve) of the cloth, richly braided, silk-lined. A velvet strap and buckle trims the top of corselet, which hooks on left under a tuck. 52-inch face cloth, 8 yards.

Girl's Pelisse of Louis Chiffon Vel Duvet.

No. 6642, Page 13. Smart model, double breasted, pleated on the shoulders (pleats wheelmarked), lined with silk (cut on coat pattern, but seamed apart), lining pleated up with the Chiffon Vel Duvet. In cutting see that the pile feels rough if smoothed downwards. Revers collar of original type faced with satin, edged with galon. Pleated sleeve (pleats wheelmarked on pattern), on a smaller lining, with galon-edged Vel Duvet cuff. Close with hooks and worked loops. Silk tassels. 24-inch Chiffon Vel Duvet for a girl of nine, 6 yards.

Girl's Smart Cloth Coat.

No. 6643, Page 13. Loose, double-breasted, covering the dress, closing wihh buttons and buttonholes. Good model for drab face cloth. Face fronts with cloth. Skirts form flutes at the edge, below the elegant straps of braid which pass over the shoulders. The revers collar and cuff are faced with velvet. Line with silk or simply bind seams and facing edges for neatness. The two-piece sleeves are lined. 54-inch material, for a girl of twelve, 4 yards. For cloth patterns send to Best's Dress Goods Company, Department M, Bradford.

Original Coat and Skirt for a Girl of Fourteen.

No. 6644, Page 13. Pleated skirt in five gores (pleats wheelmarked on pattern) of serge, trimmed with handsome braid. Original little coat, fronts, backs, and sleeves cut in one piece, with added side piece on each side and added under sleeve. Line with silk and trim with braid. Added velvet waistcoat fronts, silk lined, closing with metal buttons and buttonholes. 54-inch material required, 5 yards.

Boy's White Frieze Coat.

No. 6645, Page 13. A pleated back and two double-breasted pleated fronts for a boy of three. Face fronts with the material. Coat is unlined (except sleeve), the seams and facings bound with white sarsenet. Close with buttons and buttonholes made in right facing. White brandenburghs. Pélerine and collar embroidered with crewel silks. Two-piece sleeve with embroidered cuff. 54-inch frieze, 1½ yards.

Girl's Pleated Princess Frock.

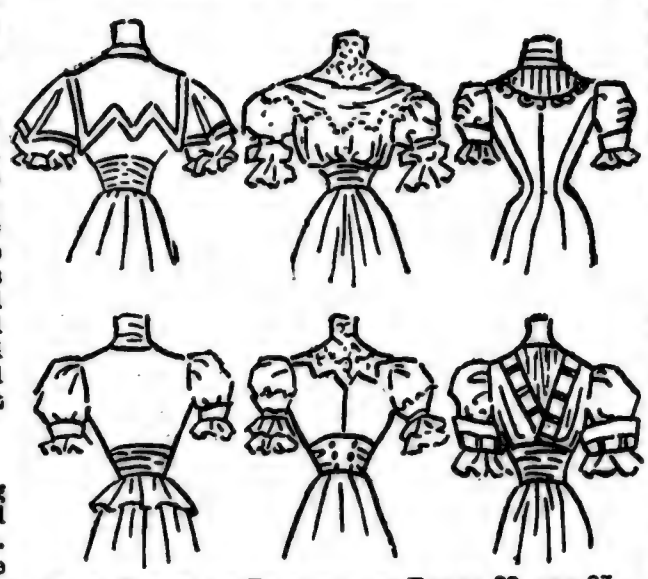
No. 6646, Page 13. Two backs and one front, pleated (pleats stitched) to a little below waist. Bind the scalloped top with a bias band of velvet. Three-piece yoke of lace over silk. Shoulder straps bound with velvet, held down with velvet buttons. Lace band collar. Pleats are wheelmarked on back and front patterns. One-piece sleeve on a smaller lining with scalloped lower sleeve, the scallops bound with velvet and held with velvet buttons. Good model for cashmere. 46-inch cashmere for a girl of eleven, 4 yards.

Smart French Frock.

No. 6647, Page 13. To be worn with any blouse. An eased cashmere umbrella skirt is arranged on a bodice lining—back and three-piece front closing on left. Over this the blouse is worn, gathered on an elastic beneath the draped ribbon belt. Elegant little coat, coat in one piece like No. 6644, silk lined, trimmed, like the skirt edge, with braid. 46-inch cashmere for a girl of ten, 3 yards.

A Lovely Evening Frock.

No. 6648, Page 14. Seven-gore full skirt of lily-leaf (very pale) green crêpe de chine, trimmed with a deep key pattern of white lace. Wear over a silk foundation skirt. Cut a bodice lining in silk or mercerised lining with back, four sides, three-piece front, to close on left of centre panel. Tack, fit, seam and bone, leaving side and shoulder seams. Mount on it a narrow left front, a double-breasted right front, and back of the crêpe; finish the seams. Berthe of twisted leaf-green satin supports the beautiful "peplum" collar-berthe of the crêpe, which is tipped with green tassels and is decked with lace (cut away the crêpe beneath it). Hem very smartly, to make the effect of a tiny bias band of crêpe.



Back Views of Designs on Pages 22 and 23.

This collar also makes a sleeve. Draped belt of the satin, supported on bones, 46-inch crêpe, 8 yards. For patterns of the crêpe send to Best's Dress Goods Co., Department M, Bradford, who pay the cost of carriage both ways.

Exquisite Evening Frock of the New Silk Net.

No. 6649, Page 14. A foundation skirt (five gores) of sulphur silk is veiled with a fuller seven-gore skirt of white silk net, made quite apart, trimmed with delicate embroidery—leaves and flowers made of sulphur crêpe de chine. The foundation skirt is edged with silk pleating. Cut a bodice lining of sulphur silk, with two backs, four sides, a double front, to close at back. Tack, fit, seam, leaving side and shoulder seams. Veil top with gathered backs and double front of crêpe de chine, nearly concealed with a front and two back draperies of the embroidered net, cut in one with epaulets. Edge the bodice neck with a drapery of white net crossed in front. Transparent short sleeve of the net, draped into the epaulet. Belt of mirror velvet draped on bones, the back passing under the net draperies. 45-inch net, 8 yards; lining silk, 22-inch, 9 yards; 20-inch sulphur velvet, ¾ yard.

A New Draped Utility Corselet Skirt.

No. 6650, Page 14. Makes up beautifully in Louis Chiffon Vel Duvet. Nine-gore dress, closing on left, lined to hip (lining pattern is given). The material is very elegantly draped on left side by drawing up the fabric with a few

Back View of Court Train (Page 21).

pleats. Fit, seam, and bone with care. The hem is felled invisibly over a band of lino, and is faced to the depth of six inches with silk of the material colour, felled invisibly. Close with hooks and eyes, and decorate with two rich buttons. Top of corselet can be piped or felled over. Wear over a silk foundation skirt, varied to match the blouses. In this case skirt flounce and blouse are of cream lace mounted on pale green silk. Blouse is very pretty, with crossed fronts. The neck frill is headed with a band of chiné ribbon. Puff sleeve on a smaller lining strapped with ribbon. 24-inch Louis Chiffon Vel Duvet, 15 yards.

Artistic Tea Jacket.

No. 6651, Page 15. A pleated back and two full fronts (pleats wheelmarked on pattern), the left front narrow, the right front double-breasted, centre panel forming a graceful box-pleat of spotted crêpe de chine, edged with lace flouncing. Arrange into a shaped yoke piece made up to pattern of lace insertion edged in front with lace appliqués. Puff sleeve on a lining, finished with lace cuff and frill. 46-inch crêpe de chine, 4 yards. For patterns send to Best's Dress Goods Company, Department M, Bradford.

Empire Tea or Bridge Gown of Black Satin.

No. 6652, Page 15. Full two-piece umbrella skirt, each circular piece made up of breadths of double-width Oriental satin, seamed up the selvedges. Line with batiste to give substance. The edge is simply hemmed, felled over the lining. The three-piece bodice lining (closing in front) is veiled with a back panel of lace edging, crossed fronts of the lace, also with two back and two front draperies of the satin (pleated on the shoulder), finished with Empire belt of the satin. Belt hooks at back. Puff sleeve, arranged on a lining, made up of frills of the satin. 44-inch satin, 8 yards. For patterns of the double-width satin, send to the Holborn Silk Market, Holborn Bars, E.C.

Princess Tea or Dinner Gown.

No. 6653, Page 15. Beautiful model for the new soft brocades. Nine-gore princess dress, closing on left, lined to hip (lining cut on material pattern except two double-breasted fronts). Two backs, four sides, two fronts of brocade, and pleated centre panel of crepê de chine. Fit, seam, and bone with care. The hem is felled invisibly over a band of lino. Wear over a silk foundation skirt. Velvet ribbon is laced across the plastron. Velvet rosettes. Berthe of Duchesse lace. Neck is partly filled in with folds of net. Original brocade sleeve pleated on smaller lining, with lace frill. Decorate with velvet rosettes. The pleats of silk front are wheelmarked on pattern. Lace collarette. 22-inch brocade, 15 yards. For brocades send to the Holborn Silk Market, Holborn Bars, E.C.

Miss S. B. writes:—"I have found the competitions very interesting, and am more than delighted with my prize."

Cache Corset of Cream Nun's Veiling.

No. 6654, A back and two fronts, fronts
Page 16. tucked (tucks wheelmarked) into the added basque. Trim with woollen torchon insertion and edging (veiling cut away beneath insertion). Neck is edged with beading run with cream silk ribbon. 42-inch veiling, 1 yard.

A Veiling Nightdress.

No. 6655, To match No. 6654. A back and
Page 16. two fronts, fronts arranged into a lace-striped two-piece yoke. An added box-pleat conceals the buttons and buttonholes. Neck is edged with ribbon-threaded beading and lace. One-piece sleeve edged with lace, finished with a lace-edged frill. 42-inch veiling, 5 yards.

A Striped Silk Petticoat.

No. 6656, Five-gore petticoat mounted into
Page 16. a shaped band of plain silk to match. Edge with a striped, shaped flounce, cut in gores (to keep stripes as much as possible on straight), stripes running straight down centre of each breadth, decorated with ribbon-threaded lace, and a lace-edged, cross-cut flounce of the plain silk. 22-inch striped silk, 7 yards; 22-inch plain silk, 2 yards.

A Veiling Chemise.

No. 6657, To match Nos. 6654 and 6655. A
Page 16. front and back, front arranged into a lace-striped yoke. Trim with ribbon-threaded beading and torchon. 42-inch material required, 2¼ yards.

A Tucked Silk Nightdress.

No. 6658, Elegant model. A tucked front
Page 16. yoke — left front and double-breasted right front—a single front (slit at side), a single back, eked out with added corners. Cut yoke from tucked material. Stitched straps protect opening. Pearl buttons. Edge yoke with lace insertion. Edge neck with ribbon-threaded beading and lace. Smart sleeve, decorated with lace, gathered into a lace strap; this holds the long open frill, which is edged with lace insertion. 36-inch silk, 6½ yards.

A Tucked Silk Chemise.

No. 6659, To match No. 6658. Tucked front
Page 16. yoke (cut from flat pattern) edged lace insertion. A back and a front of silk. Smart short sleeve edged lace. Edge neck with ribbon-threaded beading and lace. 36-inch silk, 2½ yards.

Black Satin Knickerbockers.

No. 6660, Pattern in four pieces: half the
Page 16. knickers (cut with back flap) half the shaped band, half the flap band, one knee band. Lay the pattern on 5 yards 22-inch satin, seamed up the selvedges to take the wider pieces. Shaped belt can be seamed down centre front to save material. Line band, which buttons at back and has a runner at top to assist fit. Back flap is gathered into doubled band, which holds the three buttonholes. The lower edge of legs is gathered into bands, which are edged with lace frills. Slit the satin for an opening so that straps button outside the leg.

A Tucked Cache Corset.

No. 6661, A back and two fronts, fronts
Page 16. arranged into a tucked yoke (flat pattern cut from tucked material), the opening protected with stitched straps. Lace edges yoke. Finish waist and neck with ribbon-threaded beading. Lace edging trims neck and armhole. 36-inch silk, 2 yards. To match Nos. 6656 and 6657.

Travelling Dress for a Bride.

No. 6662, Of blue and white tartan or
Page 19. chequered tweed cut on cross. The pattern of skirt is in three pieces (half the skirt): half the back, one side, one front. Pleats are wheelmarked on pattern. Lay the pattern pieces on 4½ yards of 52-inch chequered tweed or tartan. (For patterns of lovely tweeds and tartans send to Best's Dress Goods Co., Department M, Bradford.) For the back breadth fold the material over on the cross, laying the back centre along the fold, so that back is cut in a single piece. If the material is not wide enough seam on added corners, stripes made to meet. Tack together the five breadths according to the notches. Arrange the pleats and try on. Stitch and press the seams. Rearrange the pleats and stitch down the front inverted pleat to knees. Slit the back breadth under the pleat for an opening. Bind the pleated top with a ribbon, and fell the opening edges with bands of silk. Close with hooks and loops. The pocket can be inserted in back pleat. Skirt is worn over a five-gore foundation skirt. Coat of the tartan, cut on straight (except sleeves). The pattern is in twelve pieces—half the back, one front, two side-pieces, one sleeve, one sleeve lining, two straps, half the basque, double cuffs, half the collar. Lay the pattern pieces for the tweed, all but lower cuff, on two yards of 52-inch tweed, which is double (selvedges meeting), so that front, sleeve, upper cuff, and straps are each cut in duplicate. The back centre of back is laid on the fold so that it is cut in duplicate. Cut basque in three pieces, to get back and fronts on straight. Cuff and sleeve are on the cross. When necessary seam on added corners (stripes meeting). Tack together back, sides, basque, and fronts, according to the notches. Try on. Stitch and press the seams. Stitch down the basque and the front edges over a band of lino. Stitch on the straps of tartan or plain cloth. Belt to match. Metal buttons. Close with hooks and eyes. Cut a lining in silk on the coat pattern. Seam and press it. Slipstitch it to the coat edges and down the fronts. Seam the sleeve and arrange it on seamed lining. The tartan cuff is stiffened and lined, the seam at top strapped. Lower cuff is of the plain cloth, which faces the tartan collar. Cuff and collar are decorated with galon or fancy braid. Pleat into the armhole on the wearer. The coat looks equally well open or closed. Three-quarters of a yard plain cloth will be enough for the straps and facings.

A Lovely Princess Evening Gown.

No. 6663, Nine-gore Princess dress, closing
Page 20. at back, lined to hip, the material draped on the 9-piece fitted lining. Fit, seam, and bone with care. The hem is felled invisibly over a band of lino, which supports the pearl

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Flannelettes

(made by the manufacturers of the celebrated Longcloths, Twills and Sheetings)

are the best.

"HORROCKSES" stamped on selvedge every 5 yards.

embroidery. Wear over a silk foundation skirt. Berthe of Duchesse lace beautifully draped, beaded. Lovely model for oyster-white cashmere-back satin. 44-inch satin, 8 yards. For the satin, send to the Holborn Silk Market, Holborn Bars, E.C.

Exquisite Gown for the February Courts.

No. 6664, **Page 21,** This lovely train could be adapted to a bridal dress, of which the long sleeve and detachable yoke are removed, made of the same satin as the gown. The model illustrated is of pale lily-leaf velours chiffon lined with white satin. Elegant train, the outer widths forming a coquillé from each shoulder, supported by diamond brooches. The centre of the train is pleated into the collar berthe. Two widths of velours chiffon (45-inch) are enough. Velours chiffon, 8 yards. Seven-gore full trained skirt of white satin, the tablier of jewelled lace. Appliqués of lace decorate the satin skirt edge. Wear over a trained foundation skirt of rose-pink silk. Cut a bodice lining in silk with back, four sides, three-piece front, to close on left centre of panel. Tack, fit, seam, and bone, leaving side and shoulder seams. Mount on it the lace plastron headed with folds of chiffon. Drape the rest with fronts and back of the satin. Berthe of jewelled lace outlined with leaf-green velvet, lined rose silk. Sleeve of the chiffon gathered on a rose lining, which is edged with band of velvet. Draped belt of satin, supported on bones. Double-width satin for skirt and bodice, 8 yards.

Smart Gown for a Wedding.

No. 6665, **Page 22.** For bride's sister, or suitable for the "going-away" dress. Lovely model for cream cloth touched up with leaf-green velvet. Seven-gore skirt pleated front and back (pleats wheelmarked on pattern), unlined, worn over a five-gore silk foundation skirt. Beautiful coat—one back, four sides, and two draped double-breasted fronts (pleats wheelmarked on pattern). Fronts faced with cloth and closed with rich buttons and buttonholes. Added basque. Line with white silk cut on coat pattern but seamed apart. Belt of the green velvet, which pipes the neck. Pleated plastron of white satin with draped satin collar. Short sleeve on a smaller lining with velvet-piped cuff. 52-inch cloth, 7 yards. For cloth send to Best's Dress Goods Co., Depart-M, Bradford. White felt hat and white feathers.

Bridesmaid's Dress.

No. 6666, **Page 22.** Elegant skirt of pale leaf-green crêpe de chine in seven gores, decorated with straps of darker velvet. Wear over a silk foundation skirt. Cut a fitted silk bodice lining to close at back. Tack, fit, bone, leaving only shoulder and side seams. Veil with front and backs of crêpe de chine, cut low, embroidered with lilies, piped with velvet. Three-piece yoke of lace and lace band collar. Belt of velvet, stiffened and boned, decorated with paste buttons. Elbow sleeve on smaller lining, with lace frills and velvet strap. 44-inch crêpe de chine, 6 yards. For the crêpe de chine send to Best's Dress Goods Co., Department M, Bradford. White hat. Spray of lilies in the hand.

Child Bridesmaid.

No. 6667, **Page 22.** Fine white silk muslin should be used, and lace of the Brussels type. The under-dress is of leaf-green silk—a circular skirt and three-piece long-waisted bodice, buttoning up the back. The edge of skirt could be hemmed or pinked out. The over-dress skirt consists of the lace-edged cross-cut muslin flounces. Flounces are gathered into an embroidered muslin band cut with slots and threaded green ribbon. This band also holds the long-waisted blouse of muslin, which is gathered into a yoke of lace edged with a lace frill. The full sleeve, tacked to the silk lining, has lace frill. For a girl of four, 29-inch muslin, 3 yards. Lily wreath on the head and sheaf of lilies in the hand.

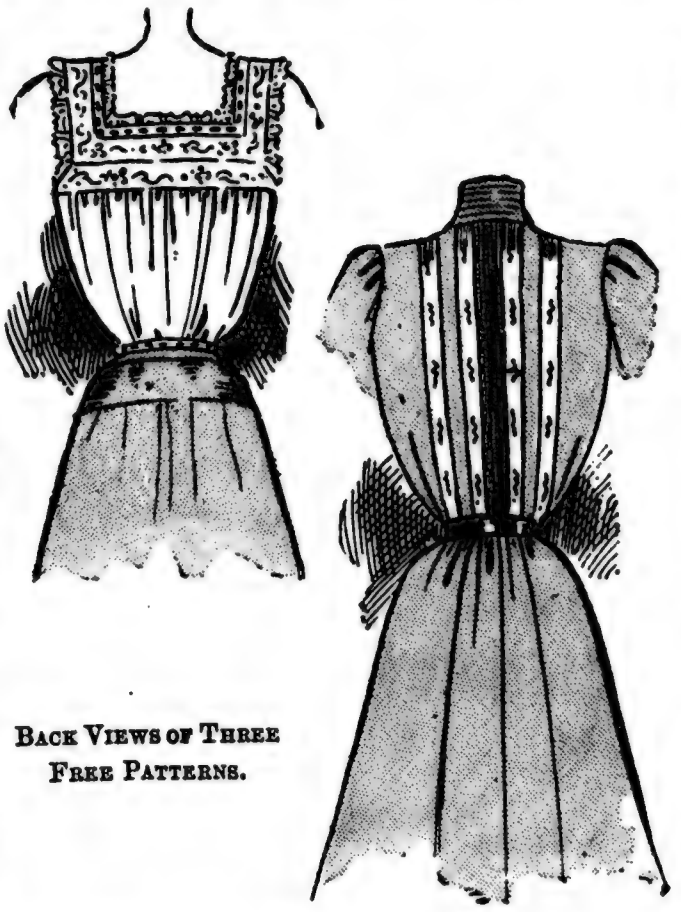
Worth Knowing.—Dr. Walcott, M.D., writes: "For irritation of the scalp, removal of scurf, and loss of hair I have used Horocod's Nutritive and Sedative Hair Cream with unfailing success." Dr. Salter, M.D.: "I have witnessed its effects in restoring the hair to an extent truly surprising." Fifty years' success. Bottles 1s. 6d., 2s. 6d., and 3s. 6d., of all Chemists and Perfumers. Wholesale Agency, 51, Frith Street, London, W.

Gown for a Smart Wedding.

No. 6668, **Page 22.** Suitable also for bride's going-away dress. Lovely gown, with pélerine. Could be in white with pale green velvet, or pale rose with dark green velvet. Five-gore skirt with very narrow tablier. Skirt opens in left tablier seam. The pélerine can be detached from the blouse, which is of silk or cloth used for the skirt. This pélerine has a back, sleeves and fronts, very original, with peplum points, the front points tipped with tassels. Trim the pélerine with velvet ribbon, and line with white silk. The blouse has a back and two fronts of cloth, and gathered vest of white satin, mounted on a fitted lining, with three-piece front. Belt of the velvet supported on bones. Draped satin collar to the blouse. Short sleeve on a smaller lining with satin frill. 52-inch cloth, 7 yards.

Bridal Gown.

No. 6669, **Page 23.** 9-gore dress, slightly full, with long train, of oyster-white satin. Line with white glacé silk, and cover hem with a lace flounce. Cut a low bodice lining with 3-piece front to close on left of centre panel. Tack, fit, stitch, bone, leaving only side and shoulder seams.



Back Views of Three Free Patterns.

Veil with a back, a left front, and a double right front of satin. Finish seams. Elegant berthe of fine Brussels flouncing. Trail of lilies and orange-blossom. Detachable yoke with collar, of gathered chiffon and lace. Puff sleeve arranged on a lining, with lace frill. Satin belt draped on bones. Lilies on the ears in a new style, just seen in Paris lately at one of the very smart weddings. Tulle veil. 44-inch satin, 10 yards. For satin send to Holborn Silk Market, Holborn Bars, E.C.

Elegant Gown for Bride's Mother.

No. 6670, **Page 23.** Makes up beautifully in mauve face cloth. Nine-gore Princess dress, closing on left of centre panel, lined to hip (lining cut on material pattern, except front centre and backs). Fit, seam, and bone with care. The hem is felled invisibly over a band of lino. Wear over a silk foundation skirt. Front seams are lapped. The gown is beautifully braided (black silk braid). On the lining is mounted the vest and back panel of gathered white satin. Band collar of the satin draped on bones. Draped sleeve on a smaller lining, with braided cuff and lace frill. 52-inch cloth, 7 yards.

Rich Gown for a Wedding.

No. 6671, **Page 23.** Suitable for bride's married sister or young aunt. Lovely gown of poult de soie, and lace dyed to match. Or rich cord and silk braid passementerie could be used. Seven-gore skirt, very flowing, eased at waist, plain tablier outlined with passementerie. Five-gore foundation skirt of glacé silk. Cut a silk bodice lining with three-piece front, to close on left of centre panel. Tack, fit, stitch and bone, leaving only side and shoulder seam. Drape front centre with spotted net. Veil the rest with crossed backs and two fronts of poult de soie, edged with the passementerie. Band collar of the net draped on bones. Draped sleeve on smaller lining, with large stiffened cuff decorated with passementerie and net puffs. Hat of mauve chip. 22-inch silk, 16 yards. For the poult de soie, send to the Holborn Silk Market, Holborn Bars, E.C.

Smart Visiting Hat.

No. 6672, **Page 26.** A new shape, in a pale mauve straw, trimmed with mauve feathers and darker velvet.

Dome-Crown Hat.

No. 6673, **Page 26.** For afternoon wear, of chip in a bright navy shade, decorated with bright navy blue satin ribbon and a plume.

Morning Hat.

No. 6674, **Page 26.** Of Tuscan straw, trimmed with dark green velvet, shaded pen feathers, and cream satin rosettes.

Lace Collar and Velvet Tie.

No. 6679, **Page 30.** The collar of the dress or blouse is decorated with a French collar of lace with original tie made of pleated velours mousseline.

Bodice Decoration.

No. 6680, **Page 30.** This pretty lily spray can be carried out in white satin or chiffon as to the flower and buds, with chenille stalks and hearts.

Smart Under-slip Bodice.

No. 6681, **Page 30.** Three-piece yoke of lace edged with ribbon-threaded beading. Into this is gathered the one-piece bodice of mercerised lawn. A band of beading at waist holds the added basque. One-piece sleeve edged with a band of lace. 36-inch lawn, 2 yards.

A Net Lower Sleeve.

No. 6682, **Page 30.** To fill in an elbow sleeve. In two pieces. Trim with lace frills, 27-inch net, ¾ yard.

A Lace Front.

No. 6683, **Page 30.** A sleeveless blouse of mercerised lawn—front and two backs, buttoning at back. Cover front and band collar with lace frills. 36-inch lawn, 1 yard.

A Glacé Belt.

No. 6684. **Page 30.** The silk, cut on cross, is gathered on bones to flat pattern. Decorate with steel buttons and rosettes. 22-inch glacé (cut on cross), ¾ yard.

Hair Ornament.

No. 6685, **Page 30.** Of velvet ribbon spangled with sequins. Loops are wired.

Collar of Lace.

No. 6686, **Page 30.** Lace insertion is arranged to flat pattern, edged lace frill. Velvet rosettes.

Bodice Decoration.

No. 6687, **Page 30.** Rose of chiffon with tassel ends of satin ribbon to match.

The proprietors of the well-known "Antipon" Obesity Cure desire to notify that they have, as from the 1st of January, 1907, removed from their late offices at 13, Buckingham Street, Strand, London, W.C., to more commodious premises at 13, Olmar Street, London, S.E.

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I want to tell every reader of this Magazine what the Future has in store for them; what happiness there is in the coming months and years to brighten their lives; what sorrows, disappointments and reverses are hidden in the future, most of which can be avoided if you only knew how to go about it.

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When you receive this reading, you will discover how absolutely correct, as well as wonderfully helpful it is, and you will be glad to write me when you wish to know what to do about the future, for success in love, marriage, speculation or business. You will, I am sure, be glad to go out of your way to advise your friends to consult me, and in that way repay me for the cost of the free Horoscope I send you.

Everything Perfectly True.

Cheshunt, Herts.

I can truthfully say that I feel happier since I have received my Horoscope, and think everyone should have one. Everything you told me is perfectly true. You have read me to the letter. Should I need advice in the future, I shall surely write you.

LOUISE CLARKE.

My Predictions Came to Pass.

52, Bloomfield Rd., London, E.

I am very much pleased with my Horoscope. Many of the things told me have already come to pass. The disappointment you predicted for January was true, and in March I was successful in winning a watch. What you told me regarding my friends was very true.

ELIZABETH ANGLISH.

My Advice Brought Money.

Charlemont, Canada.

I am proud to tell you that I have profited greatly by following the advice contained in my Horoscope. I had about given up taking a journey, but when you advised it so strongly I reconsidered and took the journey, passed my examinations, and am now in position to earn from £20 to £25 per month. I would not take £10 for the advice you gave me.

I believe every young person starting in life should by all means secure a Horoscope from you. Nothing I ever received has given me such power to control conditions and circumstances as your Horoscope.—Wishing you every success, I am, yours truly,

BENJ H. ROBINSON.

Write me to-day, and learn what the future has in store for you.

To-day may be the turning point in your fortune. Do not therefore delay, but write to me at once and get the valuable information that I alone can give you. Do not send me any money, but let me prove to you my wonderful powers, and then help me by recommending my work to your friends. Simply send me your full name, date of birth, your sex, whether married or single, and a penny stamp for return postage, and the Horoscope will be immediately posted to you free of charge.

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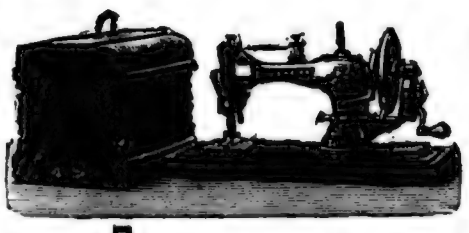

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Irish Dress Tweeds. Cream and all the fashionable tints in these most Stylish and Durable Materials.

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Myra's Journal, February, 1907.

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CIRCULAR KNITTER, 84-72 cylinder, ribbers, perfect condition. All accessories. Sell cheap. M3651

DRESSMAKERS.

The Name and Address of any Dressmaker will be inserted free in this column provided the advertiser furnishes us with a Coupon for each announcement *each month*, and she states under which column she wishes her name to appear. *Please write distinctly.*

DRESSMAKERS COUPON. FEBRUARY, 1907.

LATEST TIME for ADVERTISEMENTS 1st of EACH MONTH.

DRESSMAKING AT LADIES' HOUSES—

Miss Andrews, 31, Conewood Street, Highbury, N.
Miss Anton, 54, Beresford Street, Camberwell Gate, S.E.
Miss P. Austin, 16, Stephen Street, Tottenham Court Road, W.C.
Miss E. Baker, 143, Station Road, Forest Gate, Essex.
Miss Bates, 70, Grosvenor Road, South Belgravia, S.W.
Miss L. Bradbury, 335, Wightman Road, Hornsey.
Miss Cooper, 5, Richmond Place, Lillie Bridge, S.W.
Miss Cordes, 44, Fernshaw Road, Fulham Road, S.W.
Miss Cove, 93, North Street, Edgware Road, N.W.
Mrs. Goddard, 28, Turneville Road, West Kensington.
Miss Gook, 21, Hollywood Road, Fulham Road, South Kensington.
Miss Coward, 82, Camden Road, N.W.
Mrs. Harrison Harlow, 72, Marrimer Gardens, Battersea Park, S.W.
L. Haynes, 200, Great College Street, Camden Town, N.W.
Miss Lyth, Denstone, near Uttoxeter, Staffs.
Miss M. May, 50, Algar Road, Isleworth.
Miss Pearl, 14, Bruce Road, South Norwood.
Mrs. Podmore, 32, Stamner Street, Battersea Park, Battersea.
Miss Robinson, 15, St. Thomas's Road, Finsbury Park, N.
Miss Saward, 14, Quadrant Grove, Haverstock Hill, N.W.
Miss Smith, 3, Pakeman Street, Hornsey Road, Holloway, N.
Miss A. Tanner, 9, Exeter Street, Dyke Road, Brighton.
Miss R. Voysey, 8, Davis Road, Acton Vale, W.
Miss C. Wild, 49, Treherne Road, North Brixton, S.W.
Miss E. Willson, 42, Seymour Place, Fulham Road, Kensington, S.W.

LADIES' OWN MATERIALS MADE UP—

E. Ambler, 85, Westbourne Park Villas, Bayswater, W.
Miss E. Bessant, 147, Stockwell Park Road, Brixton, S.W.
Mrs. Brown, 2, West Marland Terrace, Southampton, Hants.
A. and M. Burnett, 7, Windsor Road, Holloway, N.
Miss Clinch, 14, Barrow Hill Road, St. John's Wood, N.W.
Madam Cooke, 52, Burgate Street, Canterbury.
Miss J. Comerford, 220, Dalling Road, Shepherd's Bush.
Miss Cooper, 176, Westmoreland Road, Walworth.
Mrs. Doubleday, 80, Norfolk House Road, Streatham, S.W.
Mrs. England, 440, Edgware Road, W.
Madame Esmé, 154, Ladbroke Grove, Notting Hill, W.
Miss L. Green, 65, Terminus Road, Eastbourne.
Madame Hope, 100, Haldon Road, West Hill, Putney, S.W.
Mrs. Hosford, 17, Ilminster Gardens, Clapham Junction, S.W.
Madame Lee, 72, North End, Croydon.
Madame Léonie, 48, Lancaster Road, Bayswater, W.
Miss Martin, 2, Wellington Square, Chelsea, S.W.
Miss Mayhew, 109, Highgate Road, N.W.
Mrs. A. Penfold, Fairhaven, Queen's Road, High Wycombe, Bucks.
E. Rainger, 12, Honiton Road, Brondesbury Road, N.W.
Misses Ramage, 97, Lavender Hill, S.W.
Flora Ratcliffe, 20, St. Luke's Road, Bayswater, W.
Mrs. A. E. Reed, "Stanton," Hyde Road, Eastbourne, Sussex.
Madame Roebuck, 98a, Holland Park Avenue, W.
Madame Route, 90, Helix Road, Brixton Hill.
Mrs. Wheeler, 13, St. John's Road, Stamford Hill, N.

LADIES' AND CHILDREN'S MILLINERY—

Mrs. J. Etherton, 137, Northcote Road, Clapham Junction.
Miss Flight, 26, Linzee Road, Hornsey, N.
Madame Ilene, Abbott'sCourt, Kensington Square, W.
Madame White, 638, Fulham Road, London, S.W.
Miss Whitehouse, 57, Upper Gloucester Place, Dorset Square.

LADIES' SHIRTS—

Edward M. Deighton, 16, Aldgate Avenue, London, E.C.
Madame Maree, Aldbourne, R.S.O., Swindon, Wilts.
Mrs. C. Petty, 29, Alberta Street, Kennington Park Road, S.E.

PILLOW LACE MAKER—

Miss Kent-Johnson, Sharnbrook, Beds.
Mrs. A. Stewart, 29, Markham Street, Chelsea, S.W.

CORSETIERE—

Mme. Gardiner, 28, Sussex Place, Onslow Gardens, South Kensington.
Hélène, 1, Harley Street, Bridge Road, Battersea, S.W.

FURS RENOVATED—

Mrs. Lindfield, 17, Powis Road, Brighton.
Mrs. Annie Roadknight, 43, Blatchington Road, Hove, Sussex.
Millicent Wright, 45, Artesian Road, Westbourne Grove, W.

All Coupons must be received by the 1st of each month preceding date of issue.

COOKERY & HOUSEHOLD MANAGEMENT.

MARMALADE MAKING.

EVERY February the burden of making marmalade must be taken up, else we shall miss the best time for that annually recurring household event.

Seville oranges are at their best in February, and tangerines, lemons, and sweet oranges, from all of which marmalade may be made, are also in good condition; besides this, the stock has not yet been heavily drawn upon, and we may be sure that we shall have the largest and soundest fruit, instead of the poor, hard, wizened little remnants which are all that the laggards in cooking can command, when, too late, they bethink themselves that now is the merry month for marmalade.

The essentials for success are, good fruit and good sugar, a good recipe, and exactitude in carrying out its instructions.

As oranges have travelled far, and have have passed through many hands, it is necessary to clean the outside skin thoroughly before using it for food, and a further need for cleanliness is the presence of black specks on the skin, which are really parasites, and entirely injurious.

To this end, the old fashioned precaution of soaking the oranges for twenty-four hours in cold rain water, and then wiping them dry with very clean cloths, is the course of wisdom. That being done any recipe may be proceeded with.

It is wise make marmalade on a bright, sunny day, so that the jelly has every opportunity for settling well. For cutting up the oranges a machine may be hired or purchased, which reduces that labour to a very small, inconsiderable task; but many people still prefer to cut with scissors or a sharp knife, considering that they attain much greater fineness and delicacy thereby.

Others grate the skin, using a large-holed vegetable grater; and others, again, mince the skin and then pass it through a sieve. I am giving several recipes, all of which have appeared in MYRA a year or two ago, but which have often been asked for by old readers, and will, I hope, be welcomed by new friends.

ORANGE MARMALADE GRATED.

To each 12 Seville oranges allow 3 lemons, and to each 1lb of fruit allow 1½lb of sugar and a teacupful of water. Wash and brush the fruit quite clean, dry with a clean cloth, and then grate off all the yellow rinds and tie them in muslin, and boil them for two hours. While they are boiling slice up the fruit, squeeze out all pulp and juice, and put them into the measured water (intended for syrup), stirring it frequently. Then strain the water into a preserving pan, and add the sugar, bruised well, and stir until it has dissolved completely. Then boil until all the scum has cleared off, and when it is quite clear drain the grated rinds well and add them, with the pulp and juice, to the syrup. Boil till quite clear, and then pour into small jars.

ECONOMICAL MARMALADE.

Take 6 Seville oranges and 2 lemons, and cut them up finely, rind and pulp together, removing only the pips. To each pound of cut fruit add 3 pints of water, and let all stand about 24 hours; then boil for half an hour, and leave to stand again for a second 24 hours. Then weigh the boiled pulp, and to each pound add 1 pound of best cane sugar, and boil in a preserving pan for half an hour. To improve the flavour, soak the pips in 1 pint of cold water for 24 hours; then strain, and add the water to the pulp before weighing. Do not skim this marmalade, it will boil quite clear. (Average cost, 1½d. per pound.)

TANGERINE MARMALADE.

To every six Tangerines allow one Seville and one sweet orange. Remove the skin, and slice it into thin strips. Remove all white pith from the peeled fruit, and put them into a pan, covering them with cold water. Bring nearly to boil, keeping the fruit well pressed down into the water, with a wooden spoon. Then strain out the fruit, pound it, and pass it through a sieve, and add the puree thus made, to the chips. Strain off all water, and to each pint allow 1lb sugar; and to each 4lbs of fruit allow the grated rind and the juice of lemon. Boil all together till it jellies.

Lemon marmalade may be made by any of the foregoing methods. Allowing to 12 large lemons, 6 pints of cold water and 12lbs of preserving sugar.

The last recipe I give is a very old one. Soak Seville oranges in cold spring water for thirty-six hours. Wipe them dry, and put into a pan with sufficient water to cover them, and boil till the skin is soft enough to pierce easily with a needle. Then cut each orange in half, and with a silver spoon scoop out all the pulp, leaving the skins as thin as possible. Put the pulp into a muslin bag, and place it in the water in which the oranges were boiled (1 pint for each 1lb.) and boil until the chips are ready. Meanwhile cut the thin skin very finely indeed, using a penknife, into thin strips. Strain off the water from the pan in which the pulp has been boiling, put it a into clean preserving pan, add the chips and 1lb of fine sugar for each pound of them, and boil until the syrup is clear as amber, and the chips clear and transparent. If Seville oranges are at all dry, the juice of two sweet oranges to every twelve Sevilles is a great improvement. Pour, hot into hot dry pots. Cover with brandy paper and tie down.

A HINT FOR THE MARMALADE CUPBOARD.

Marmalade must be kept in a cool and dry cupboard. It is not necessary to label and date each pot; but if divisions (strips of cardboard or wood will do) are put across the shelves, and the label affixed to each division, there will be order and information without unnecessary work.

LETITIA HOPE.

THE SERIOUS SIDE OF SHOPPING.

If England is to maintain her fame as a nation of shop-keepers, Englishwomen must live up to their reputation of being the wisest and most careful shoppers in the world. That they fully deserve this good character goes without saying, for to the great majority of women shopping is a serious business and not a mere flippant spending of pounds, shillings, and pence.

Foremost among the attractions of the grocers' windows, at this season of the year, is the great display of currants, the wonderful fruit-food which is claiming so much public attention.

There was much talk early in the season of the high prices likely to rule for both currants and raisins, owing to a shortage of the crop. This shortage was less pronounced with regard to currants than with sultanas and raisins; and, happily enough for the house-mother, whose interest had been thoroughly aroused in the little dried grape of Corinth, this delicious fruit has, throughout the whole season, been obtainable at a price only very slightly above the average.

The writer a few days ago paused before a great show of currants—evidently this season's new fruit—marked at threepence per pound. It was fine, clean fruit, beautifully coloured, bright and fresh. Looking carefully over it, one could not discover a solitary "soldier." "Soldiers," you know, are the tiny red berries which one sometimes sees in inferior fruit. These are, of course, blighted or otherwise imperfect currants, and their presence in any numbers marks the fruit as inferior in quality.

To return, however, to my shop-window. I calculated that that big display represented about one hundredweight of fruit.

Supposing those berries could have been brought over from Greece immediately they were plucked from the currant vine, there would have been insufficient room for them in the whole shop window, for the undried berries would have weighed five hundred and sixty pounds. Busy shoppers who take a serious view of their duties, may well remember that when purchasing a pound of currants for threepence they possess themselves of the exact nutritive equivalent of five pounds of fresh fruit; for the little grapes, being dried simply by exposure to sunshine and fresh air, lose nothing of their nutriment during the process, but, on the other hand, become more easily and quickly digestible.

There are few stronger incentives, from a woman's point of view, to the bountiful provision of currants as a food for the family than this one—that the currant undergoes no chemical process whatever, in the course of its preparation for the market, but is, in the very strictest sense of the phrase, a product of nature. Nature, in Greece, works in her very best mood. The freshest of fresh air, the most glorious sunshine—these originate the inimitable "processes" by which the main crop of this picturesque and gallant little country is "finished" ready for consumption.

But to return to my window, which was one of the most elaborately dressed of all the windows in the main street of a populous and wealthy suburban town. I calculated that in the store of tempting-looking fruit before me, there was as much, or more, nutriment than could be extracted from three hundred and thirty-six pounds of best quality lean beef.

The very simplest little reckoning thus discloses to us that currants at threepence per pound are, weight for weight, thirty-three times more economical as a food than is lean beef at elevenpence per pound.

Could I more suitably conclude this short article than by adding a plea for the little folks, who so often beg a short allowance of meat and extra portion of pudding? See to it that the home-puddings contain a generous proportion of currants—the children's food and luxury—and then, as far as possible, let natural, healthy appetite have its way.

Currant Bread, again, always so popular with children, is a most highly sustaining food.

We have it on the authority of Sir Francis Laking, the trusted medical adviser of our own King Edward, that the adult or the child who eats freely of well-cooked currants, served either in the form of Currant Bread, or currant puddings or cakes, will be amply nourished and maintained in sturdy health.

I have taken your journal for seven years, and find it very useful.—L. Bradbury, 38, Gladstone Avenue, W. C., N.

Health and Beauty.

By MISTRESS ANNE PAGE.

Letters to be addressed to Mistress Anne Page, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

MAY.—To cure the scaliness on your forehead, just where the hair-line is, you should nightly rub into the affected skin some of the "Petrolate of Sulphur" which is sold for 2s. 6d. by Mr. Mason, 25, Bank Plain, Norwich. This will at once relieve the irritation, and it will make new soft hair grow on your forehead and temples that will greatly add to the beauty of your face.

CHATTIE.—To make the skin of your hands white and smooth as satin, wash them always in warm soft water, and before drying them work into them about a teaspoonful of "Beetham's Lait Larola," which you can get for 1s. a bottle from any chemist.

DESDEMONA.—Quite the best cream for daily massage when the skin has a tendency to superfluous hairs is the "Cream of Cydonia" which is sold for 2s. 9d. by Mr. Mason, 25, Bank Plain, Norwich. Do not use any soap, but night and morning gently rub this for three minutes into every part of your face, then rinse, using your hands, with warm soft water, and again with soft water that is nearly cold. This will thoroughly cleanse your skin, and tone it, make your complexion a beautiful colour, and prevent wrinkles, or what you seem to dread more a double chin, and the hairiness will not be encouraged at all.

ANITA.—A face with such a sensitive skin as yours should not be washed with soap and water at all in bleak weather. You can perfectly cleanse it with "Oatine Cream," which you can obtain for 1s. 3d. from Messrs. Oatine, 131, Denman Street, London Bridge, S.E. I have no doubt you can also get it at your own chemist's, but I think it will be wiser for you to send for your first supply to the manufacturers direct because they will send you with it an illustrated beauty-book showing exactly the right directions in which to massage the face, and so you will be able to do your massage and your ablution at the same time. Oatine prevents or removes blackheads, and makes the complexion clear and velvety.

IN A WORRY (Second Coupon).—As your face, though not exactly hairy, is "rather downy," you should massage it every night with "Mason's Cream of Cydonia" (2s. 9d. from Mr. Mason, 25, Bank Plain, Norwich), as this cleanses the skin, keeps it free from blackheads, blotches, and pimples, and at the same time contains an ingredient that tends to prevent a growth of superfluous hair.

FORTY-NINE.—You will find the "R.S." Patent Reducing Corset most supporting, as it has an extra strong belt of elastic that affords great support without exerting pressure, that keeps down any tendency to corpulency, and reduces it if already there. For any figure up to a 30-inch waist this excellent corset in black, or white, or pale fawn, and boned with real whalebone, which gives to the movements of the figure but does not break, is sent for 10s. 6d., by R. Scales and Co., Corset Specialists, Newark-on-Trent.

BAZAAR.—I should think that as you are such an expert worker you would quite well be able to fill a stall at your St. Valentine sale with knitted and crochet garments for infants and school-children, and of course these always sell readily. You will get excellent designs and good working instructions for carrying them out in "Myra's Library of Needlework," the numbers of which are sent post free for 1½d. each, by Messrs. Beeton and Co., Limited, 10 and 11, Fetter Lane, London, E.C. No. 2 (Wool Crochet Work, describing twenty useful garments for ladies', gentlemen's, and children's wear), No. 15 (with fourteen illustrations for shawls, vests, Tam-o'-Shanters, infants' jackets and shoes, besides sofa-rugs), No. 27 (any number of illustrated directions for making complete sets of dolls' clothes, petticoats for girls, ladies' slippers and under-garments, knee-caps, and gentleman's waistcoat, &c., &c.), and No. 29 (Knitted Woollen Garments for children, of almost every useful description) are the numbers that I am sure you will be glad to possess and to work from. "Oatine Balm" (from Messrs. Oatine, 131, Denman Street, London Bridge, S.E.), regularly used, will prevent hand-chapping, or cure the skin and make it white and smooth again if the chaps are already making the hands stiff and sore.

HEUREUSE.—Your daughter's hair would entirely lose that greasiness that makes it so difficult to wave and dress nicely now if you get from Mr. Mason, 25. Bank Plain, Norwich, a case of his celebrated "Parma Preparations" (4s. 6d. complete), and let her use these according to the directions. These make the hair delightfully fluffy, and perfume it as if it had been spread on a bed of violets. Many fashionable women use these preparations just to make their hair retain its wave and this delicate scent.

BLUEBELL.—The disproportionate size of your hips can be remedied by night and morning massage. You should spread over the too-massive parts some of the "Zobeide Reducing Paste," which is sent post free for 2s. 9d. by Mrs. Maine, 10, St. Mildred's Road, Lee, London, S.E., and then should well knead this in with your hands, and in a short time you will get much more slender.

SOUTH AFRICAN READER.—I am indeed pleased to know that you have obtained "*Beauty of Figure*," by Dame Deborah Primrose, that you are charmed with it, and, finding the exercises described and illustrated in its pages so useful, that you are recommending it to all your friends. I hope you also shew them MYRA'S JOURNAL, and tell them what a friend it is to our readers in the Colonies. I gave your message to the beauty-culturist, and I hope ere now you have had the preparation you required, and have found it beneficial.

MINNA.—As you suffer so from rheumatism you should have a warm bath every night, and in the water you should dissolve a good handful of common soda. Sponge the paiuful parts well with this, give yourself vigorous towel-friction, then well rub into your joints some of the relief-giving "Zobeide Pine Oil Embrocation," which is supplied for 2s. 9d., post free, by Mrs. Maine, 10, St. Mildred's Road, Lee, London, S.E. This will ease the pain at once. You should wear all-wool underclothing, and you will, I know, derive great benefit from "The New Circassian All-Wool Underwear" (supplied by Greensmith, Downes, and Son, 143, George Street, W., Edinburgh, who would send you patterns and price list on application), which is so soft and comfortable, and which does not shrink in washing. To get the cause of the painful malady out of your system, take a course of "Clarke's Blood Mixture" (sold by all chemists for 2s. 9d. per bottle), eat very little red meat, and strictly limit what you take of other kinds. Have those vegetables of which the edible parts grow above ground; do not eat farinaceous puddings, and give up tea. White bread is not good for you, so you should have Hovis, or some other brown bread crisply toasted. If you cannot do without potatoes, have these cooked into crisp chips. I shall be glad to hear from you again, and to know that you are better in health.

GRANITE CITY.—When one is too stout all over, a reliable internal remedy for obesity is best sought, because this effects the reduction in equal proportion. In "Antipon," which you can obtain for 2s. 6d. a bottle through any chemist, you will find a safe and in every way satisfactory specific, pleasant to take and charming in its effects: it begins its good work the first day that it is taken, and continues to reduce all disproportionate bulk, until the whole body recovers its youthful slenderness, and while doing this improves the health and the complexion. I advise you to begin to take "Antipon" without delay, so that you may get rid of your superfluous inches, and also of the tendency to become fatter in the future.

LAMPLIGHTER.—Many women would give much to be as slender as you describe yourself to be, so do not worry over that. The dryness of your skin can be remedied by using "Oatine Cream" instead of soap and water during the prevalence of cold winds, and I advise you to send 3d. in stamps to the Oatine Co., 131, Denman Street, London, S.E., for a sample of this excellent preparation. If you say you are a reader of MYRA'S JOURNAL, they will include with the sample, free of all cost, samples of their other things, "Oatine Balm," a soothing lotion that purifies the skin, and successfully cures blackheads, "Oatine Face Powder," which is very soothing, "Oatine Talcum Powder," which is so adherent and so good for protecting the skin against wind, "Oatine Soap" and "Oatine Tooth-powder," and also of the new cure for indigestion which they call "Kylets."

ANNIE.—You can get a really nice tail of pure hair, to exactly match your own in shade, for 2s. 6d. at the International Hair Co. (Dept. M.J.) 10, Newman Street, Oxford Street, London, W., and at the same place you can have the fashionable group of curls which is called The Empire Puff for 2s. 6d. (there are three curls in this, and just sufficient to give a *chic* finish to the hair-dressing), a real bargain, so many of my correspondents to whom I have mentioned them say. Send a pattern of your growing hair with your order for these aids, unless you are able to go to the establishment for them.

LAMPLIGHTER'S SECOND QUESTION. — To increase the size and improve the shape of your bust you should give yourself the "Diano" treatment. If you will send a penny stump with your request for it to the Lady Manager, The L. F. Espanola Medicine Co. (Dept. 148), 203a, Regent Street, London, W., she will return you in a plain wrapper, a book containing full particulars of this home-treatment, and testimonials (with reproductions of their photographs) from some of the ladies who have adopted this treatment with such satisfactory results that they have given their permission for these portraits to appear. Milk is good for you, and you can take several glasses of it every day with advantage to your beauty of figure and complexion, and you are one of the fortunate girls who may eat "Peter's Milk Chocolate" freely, and find this delicious sweetmeat nourishing and sustaining.

M.B.—If it is only in your face that you are too fat you will find in the "Zobeide Mild Reducing Paste," which is to be obtained from Mrs. Maine, 10, St. Mildred's Road, Lee, London, S.E., a harmless remedy that will not injure the skin. Rub this in every night until the surperfluous fatty tissue is absorbed. Deep-breathing exercises practised for a quarter of an hour at your open window the first thing on rising every morning, and a brisk daily walk of several miles with your head always well poised will benefit you.

SENSITIVE.—It would cost you a large sum to have so much hair removed from your arms by means of electrolysis. What I advise you to do is to send for "Taylor and Co.'s Permanent Cure for Superfluous Hair," to the Manageress, Taylor and Co. (Dept. 34), 149, Fleet Street, London, E.C. If you like to make a fair trial of it on a small surface first, she will send you a sample securely packed in plain wrapper if you forward her your address and two penny stamps to cover postage.

"I have used 'Myra' for nearly nine years and find it the best of all dressmaking journals."—M. M.

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BEST & CHEAPEST

For Infants, Growing Children, Invalids, And the Aged.

Purveyors by Special Appointment to ..

Write for "Hints about Baby," by a trained nurse—postcard to Josiah R. Neave & Co., Fordingbridge, *via* Salisbury.

Over 80 Years' Established Reputation.

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FULL LIST POST FREE.

ACCORDION & SUNRAY PLEATINGS, KILTINGS & PINKINGS.

Lowest Prices.

Best Work.

Material by Early Post Pleated and Returned Same Day.

SUNRAY SKIRTS.

Send Six Yards Double Width Material. We cut, join, and pleat for 5s. Return next day.

OBESITY.

THE ZOBEIDE TISSUE ABSORBERS (Regis.), medically recommended, safe, sure, speedy; sets for one month's cure, £1 5s. 6d. Reducing Paste, unrivalled in its unique absorbent action on heavy muscular tissue, 2s. 9d. The Zobeide Hygienic Reducing Belt requires no dieting, price £1 11s. 6d. Analysis and testimonials from Mrs. MAINE, 10, ST. MILDRED'S ROAD, LEE, LONDON, S.E. (late of 41, Conduit St., W.).

Never accept a Substitute for OATINE

for Oatine alone can produce that condition of the skin which is real beauty and which you cannot get by using soap and water. For soap and water only wash away the dirt that's on the skin, but leave the dirt that settles in the pores.

OATINE—the perfect face cream—takes it away, and leaves the skin fresh, clear, and delicate.

OATINE does not grow hair. It is free from animal fat and chemicals. We make it from the skin healing, cleansing part of the purest Oats.

OATINE cures all roughness, sores and chaps the changeful winter weather brings. It is not only for ladies, but for the man who is careful after shaving.

Test Oatine to-day! A jar will cost you only **1/3**, or a larger size, containing four times as much, **2/6**.

For Sale by all Chemists and Stores, including all Boots' Branches.

Oatine FACE CREAM

OUR OFFER. Send us to-day either 8d. in stamps or the lid of a 2s. 6d. Jar of Oatine and we will send you, free of cost, samples of all the Oatine Preparations, including **Oatine Balm**—a soothing lotion that will purify the skin; **Oatine Face Powder**—non-poisonous, non-irritant; **Oatine Talcum Powder**; **Oatine Tooth Paste**; **Oatine Soap**, and **"Kylets,"** a real dyspepsia cure. With these preparations we will send you a copy of our book—"BEAUTY HINTS."

ADDRESS:

THE OATINE CO.,
136, Denman Street, London, S.E.

SUPERFLUOUS HAIR.

"DEPILLOS" (Registered).

MARVELLOUS SUCCESS.

We have an absolute and permanent cure, entirely free from anything hurtful or injurious to the most delicate skin, never failing to entirely eradicate the strongest growth, destroying the roots so completely that the annoyance **WILL NEVER RE-APPEAR**; and to prove the correctness of the above statement, we will send, absolutely **FREE**, securely packed and free from observation, with medical certificate and testimonials, a sample to all who enclose two penny stamps. Address—
Manageress, **TAYLOR & CO.,**
(Dept. 26), **149, Fleet Street, London, E.C.**

YOU cannot have a good, clear complexion if your blood is impure. **Blotches, Spots, Pimples, Blackheads,** and **Sores** of **all** kinds can be removed by taking

CLARKE'S BLOOD MIXTURE

The World-Famed Blood Purifier.

This famous medicine will also cure all Skin and Blood Diseases, such as **Eczema, Scrofula, Scurvy, Ulcerated Sores,** &c. Thousands of unsolicited testimonials have been received from all parts.

As it is pleasant to the taste, and warranted free from anything injurious to the most delicate constitution of either sex, from infancy to old age, the Proprietors solicit sufferers to give it a trial to test its value. Clarke's Blood Mixture is sold by all Chemists throughout the world. Price 2s. 9d. and 11s. per bottle.

Beware of Worthless Imitations or Substitutes.

2/- INSURES YOUR COMPLEXION

Dr. HARLAN'S
BEAUTY-CUP MASSAGE
For the Face, Neck, Arms and Body.

Hundreds of unsolicited testimonials.

"No woman who owns one of these wonderful little Cups need have any fear of wrinkles or blackheads."

The simplicity of this scientific system of self-applied massage, and the speed with which it clears the complexion, are almost beyond belief. A single soothing application of the little Beauty-Cup produces remarkable results. Blackheads in many cases are banished in sixty seconds. It pumps impurities out of the blood by atmospheric pressure, rounds out the cheeks, arms and neck, and plumps the waste places in the body with wonderful rapidity. Acts directly on the circulation and feeds fresh pure blood to the tissues, making the flesh firm and fair, and the skin soft and satiny. **Dr. Harlan's Beauty-Cup** sent by mail in plain wrapper—with our Beauty Book—to any address for 2/1 P.O. (abroad 2/6 M.O.)

Address, **M-HIGHWATER LABORATORY Co.,**
1-84 Exchange Building, Southwark, London.

DR DAVIS'S Famous Hair Restorer.

THIS Famous Hair Restorer produces a very rapid and heavy growth; it not only prevents the Hair from falling, but removes Scurf or Dandruff from the head.

IN BOTTLES, 2/9 & 4/6

Post Free from the Proprietor (Dept. 47).

309 Portobello Road W
LONDON.

MARVELLOUS EFFECT

Dr. A. F—, of London, writes: "The effect of Dr. Hommel's Hæmatogen in an acute case of anæmia has really been marvellous, and after taking one bottle only."

IN ANÆMIA

DR. HOMMEL'S HÆMATOGEN is a Fluid sold in Bottles only, not in capsules or other forms. Price 2s. 9d. From Chemists and Stores—Free Pamphlet from Nicolay & Co., 36, St. Andrew's Hill, London, E.C.

THE FIGURE BEAUTIFUL

A HANDSOME BOOK FREE.

Under the above title we have just issued a handsome little booklet, daintily got up, well written by an eminent specialist, on beautifully illustrated lines. In order to bring home to you with full force the importance of being thoroughly healthy and the natural effect of health upon the figure, we will send you this charming little work FREE, also a trial treatment, on application.

The book will show you conclusively how easy it is to obtain perfect health, a lustrous complexion, and a queenly figure in a very short time, through the simple agency of **The Temple Nerve and Flesh Food** (a vitalising agent and flesh builder), and how, without otherwise prejudicing your health in any way, you may, by a natural hygienic method, **enlarge your Bust** from three to six inches **in a few weeks.** At the same time the shoulders are developed and made pretty and plump; and those "salt-cellars" which used to bar you from being beautiful are removed. **The Temple Nerve and Flesh Food,** as supplied for bust development, is a certain remover of wrinkles, crowsfeet, lines, chaps, pimples, blackheads, and all other blemishes upon the skin. It thoroughly clears the complexion, and gives it the full rich tone which can only be possessed by a woman who is in the pink of perfect health. If there be any special ailment the Flesh Food can be specially altered to remove it at the same time the bust is developed.

There is no time to lose. Every day you delay means the longer you will have to wait for beauty. Send at once, enclosing stamp to pay postage, and address your letter to **Madame F. D. Temple, The Temple Association (Dept. 94). 10, Pugh Place, Golden Square, London, W.**

SHOPPING BY POST.

BIG SALE AT THE HOLBORN SILK MARKET.

WE always publish so long before date, that full a fortnight is still left of the great three weeks' sale at the Holborn Silk Market (Holborn Bars, E.C.), which concludes on January 31. Everything is being cleared off at large reductions to leave room for the new spring arrangements; so that February brides, who are obliged to get their trousseaux now, have a capital opportunity of picking up great bargains in ready-made articles like blouses, opera cloaks, useful tailor-made coats, &c., to say nothing of materials. Silks are much reduced. Brides should write off at once for the sale catalogue. The list (and reductions) of the white and cream silks and satins will interest them. A trained bridal gown takes so many yards of material that it is something to be able to pick up a beautiful satin at a large reduction. There is a 24-inch white satin at 3s. 6½d., which is worth double the money. The soft brocades (for tea-gowns, court trains, evening dresses, dinner coats, &c.) are to be picked up at great bargains just now. A soft white brocade is an ideal lining for an elegant evening cloak (like No. 6622) of plain velvet or cloth. There is a white moire at 2s. 11½d., which is wonderful value for the money. In fact, it is an opportunity to pick up a store of plain and fancy silks for future use. The black silks offer enticing bargains, and velvets of all the new shades are to be picked up at very low prices indeed. A good stock of fancy and plain blouse silks is being cleared at very large reductions.

The sale includes a large number of figured lawn-zephyr costumes for summer wear at a quarter of the usual prices. The tweed, cloth, and serge skirts, smart in cut, well made, are reduced nearly by one half. Very attractive are the black silk bolero coats at 9s. 11d. (usual price, 29s. 9d.), as the silk tailor-made will be to the fore in the late spring. The catalogue should be written for at once, as, naturally, the more attractive bargains are soon snapped up.

THE BEST SOAP FOR WASHING.

"Compo" is a soap in powder form which not only washes clothes, but floors, and walls and furniture—in fact everything but the human skin! And it does this with a minimum of labour. A packet (price 2d.) is stirred till dissolved in a gallon of boiling water. One half-pint of this liquid, added to two gallons of water, is the correct "strength" of the fluid, which melts away, as if by magic, all dirt and disease germs out of clothes, boards, &c. A boarded floor wiped over with "Compo" becomes as fresh and white as when first laid. Every housewife who has not tried "Compo" should commence now. All stores, grocers, and oilmen stock it. In fever cases, everything the patient touches should be washed with "Compo," the sanitary "safe-washer."

A SPARKLET SYPHON.

Aerated waters are a necessity of the day; but they come a little expensive (even when we get the cheapest) if we use a great deal. But if we can make them for ourselves at a minimum cost? That alters matters very considerably. Yet anyone can provide aerated water for their own use if they get a "Prana" Sparklet Syphon.

Prana Syphon.

The initial outlay is not great—we can get an electro-plated Sparklogene, with two bulbs, for 7s. 6d. The same thing, with a heavily silver-plated head and cover (a capital wedding present this)—the Sparklogene de Luxe—costs 15s. In these days of water-borne diseases it is a necessity to provide the household with pure fresh water such as the Prana Syphon provides for adults and children. No difficulty should be found in getting Prana Sparkloids and Sparklet syphons, as all good-class stores stock them. But, anyhow, one can send straight to the Aerators, Ltd., Upper Edmonton, London, N., who will also provide the pleasant fruit crystals with which the aerated water may be flavoured. In purchasing crystals, sparkloids and syphons, one must not forget to ask for the little booklet, which gives the simple instructions for making three pints of aerated water, ready for use, in five minutes. Also a postcard should be asked for, valuable because, if the post-card be filled in and posted, it will bring a free sample bottle of potass or soda tabloids.

Sparklogene de Luxe.

WHAT TO EAT.

The numerous varieties in which Plasmon is prepared offer an almost endless choice. Plasmon Powder, itself the product of pure milk, may be added to almost any dish, greatly adding to its nutritive and digestive value without in any way detracting from its flavour. Plasmon Cocoa, owing to the large amount of proteid (nourishment) it contains, is becoming known as "the food cocoa," while Plasmon Oats make delicious porridge with only four minutes boiling. Being entirely deprived of husk and fibre, these oats are suitable for the youngest children and the most delicate invalid. Plasmon Custard and Blanc Mange are recent additions to the list of Plasmon Foods, and while delicate in flavour, are literally brimful of nourishment. Plasmon Tea, being deprived of all tannin, is excellent for weak digestions. There are many other varieties of these delicious foods, all worthy of inclusion in the household menu. They are to be had of all stores and grocers.

THE IDEAL CLEANER.

The Household Vacuum Cleaner.

The modern notion of Spring Cleaning is to employ suction instead of rubbing, brushing, and dusting, because it has been found that suction draws out every particle of dust and grime nestling on our walls, in our curtains, in the carpets, in upholstered chairs and sofas. It is rather an expensive operation to call in a cleanser of this type, as a sovereign goes but a very little way. But any housewife can afford a thirty-six shilling Household Vacuum Cleaner, which will last her for years. It is used with absolutely no effort, and it sucks up every speck of dust, taking away that sticky feeling that carpets and curtains only too soon acquire in smoky towns. Price lists can be had from J. Harvey, 9, Church Street, Kidderminster.

A FREE GIFT.

By the courtesy of Messrs. Tubbs, Hiscocks and Co., Milton Street, London, E.C., who are the sole proprietors and manufacturers of that widely-known and popular article, "Ososilkie" Brightest Lustre Yarn, we are able to make a most exceptional offer to those of our readers who are interested in art embroidery, knitting, crochet, smocking, or Teneriffe lace work. We have arranged with this firm that they will send, post free, to any of our readers, one of their new beautiful shade-cards, showing 150 colours in which "Ososilkie" is stocked, and in addition they will also send samples of all the various sizes in which this lustrous thread is made. All you have got to do is to write to them, enclosing a penny stamp to cover postage, and the article required will be sent by return. One thing remember, however, that this exceptional offer is for one week only from this date; and it is also imperative that you mention the name of Myra's Journal.

A NEW FABRIC FOR UNDERWEAR.

Have you seen "Chriswillia?" If not, send off at once for patterns to Christopher Williamson, Maddapollam Department, 91,

"A really reliable pattern like yours are is half the battle in making things."—M.

Edgware Road, W. It is very soft to the skin, is protective but light, and has a very pretty twilled, bright, silky surface, the back being soft and downy like flannelette. To be had in white, ivory, pink, and pale blue, it is only 10½d. the yard, and is 36 inches wide. It would also make pretty blouses and admirable nursery frocks for babies and little children, because the bright, silky surface does not catch the dirt, and it is so fresh-looking though so cosy and protective. Chriswillia is manufactured specially for Mr. Christopher Williamson, and can only be had from him.

LAIT LAROLA.

The March winds are on us, and we shall soon find a bottle of Lait Larola imperative to preserve the face and hands from the roughness and tendency to chap which always follow in the wake of biting east winds. Lait Larola is so pleasant to use, as it greases neither the hair nor the clothing. It is easily applied, and is so soothing to the skin which has been damaged and is tender, whether from the "peeling" effects of too-hot sun, or the drying roughness of cold winds. Lait Larola is emphatically an inexpensive remedy, as a little goes a long way, and bottles can be had for 1s. upwards. All chemists and stores stock the universally used Lait Larola.

AN INEXPENSIVE SEWING MACHINE.

A really inexpensive machine is that which gives the best value for the money, and this advantage the "Empira" Sewing Machine decidedly possesses. Dressmakers on the look out for a reliable machine of small price, should send for the catalogue of the "Empira" Sewing Machines to the Imperial Manufacturing Co., Shipley, Yorkshire. They have a wonderful machine (hand) at £1 19s. If a cover is required (walnut) the price, complete, is £2 9s. This is called the "Special," and is a particularly good machine for the price, making a perfect lockstitch. Very good materials are used—needle-bar, shuttle, &c., being made from fine drawn steel, thus ensuring smooth and accurate working. Each machine is supplied with all accessories. The "Empira" hand machine, with walnut cover and nickel-plated wheel, costs three guineas; and the same machine can be had with ornamental stand and table (to work by foot if required) for £5 3s. This convertible machine should be in every dressmaker's workroom. Very good terms are given to those who wish to buy the machine by monthly or quarterly payments, the machine being delivered on receipt of the first 5s. payment.

OATINE FACE CREAM.

To clear the skin, Oatine Face Cream is really invaluable, as it cleanses the pores, and at the same time heals and softens the skin. Face eruptions are very often caused by the pores of the skin becoming blocked, and it is here that Oatine is such a safe and sure remedy, It is well worth trying. To facilitate a trial, if 3d. in stamps are sent to the Oatine Co., 136, Denman Street, London, S.E., samples will be sent of all the Oatine preparations—including a very soothing lotion (Oatine Balm), Oatine Soap, &c.—also a copy of the booklet "Beauty Hints." Those who have already used the Oatine Cream can send, instead of the three penny stamps, the lid of a 2s. 6d. jar of Oatine Face Cream.

The Bridge Builder.

(*Concluded from Page* 11.)

on his comrade's head along the ends of the fuses, spluttered, "Run!"

Almost blinded, choking, blackened, they made good speed of it, and the shout that greeted their reappearance was followed by a very sharp detonation, after which fragments of the great log came hurtling out of the flame. High explosives practically pulverise whatever comes within their somewhat restricted scope of action. A man crawled forward, waved a beckoning arm, and as the engine snorting rolled ahead again swung himself up. "Not much ballast blown out between the cross-ties. You can chance the track," he said.

Halliday shoved down the lever, and two stout glasses shivered as the locomotive passed through the flame, then there was a shock, and somebody leapt down while the contractor pulled the reversing link over. Yellow fire licked about them when they ran the gauntlet a second time, and then, as a merciful black coolness replaced the heat and glare, Halliday, whose face showed grey in the lamplight, sank limply on to a locker.

"We have won, but I'm played out, boys," he said. "Take hold, somebody, and run her easy back to Tomson's Crossing. You can get on to the wires there."

Wilmot also felt limp and stupid, in spite of or because of his smarts, and never clearly remembered what happened afterwards, except that a burning car was run under a tank and deluged freely, while shadowy men laughed at his requests to be pumped upon. Presently, however, the engine once more stopped, and there was a clamour of anxious questions from indistinct figures surging about the cab in the glare of pine-knot torches. Somebody shouted explanations with his name among them, and men he did not know thumped him on the back and clawed at his hands, which, as he was freely blistered, hurt him horribly.

"I'm very much obliged to you, gentlemen, but I'm a bashful man," he said thickly. "Couldn't you let me go to sleep somewhere, or turn ice-water on to all that's left of me instead?"

Then, amid a shout of approbation for the Britisher, he saw Halliday, who leaned over the rails with a curiously mottled face, which was at once black, and grey, and red, drop stiffly to the track, and Miss Crathern, who appeared to be sobbing and laughing at the same time, cling to him. After this Wilmot sat down upon the ballast, and saw nothing except men and pine trees rising and falling about him in a perfectly absurd fashion, while some good Samaritan poured more whisky than he could swallow down the wrong side of his neck.

It subsequently appeared he was taken to Crathern's ranche, and carefully oiled there. Returning from the Selkirks three weeks later, he stood in company with the contractor attired for once in fine store clothing, at the head of the bridge. Crathern and his daughter were close beside them, and not far away a company of prospectors and pack-horse freighters were cheering deliriously, while a roads and trails official declared the structure open.

After this there was nothing audible for a space except the braying of a very discordant band brought up by the ranchers to do honour to the occasion, regardless of expense.

At last Halliday, who had fidgetted under the compliments paid him, glanced at Miss Crathern, who smiled full concurrence as he said, "If for the sake of old times you hadn't stood by me with the powder, the bridge might not have been finished, Ted. We are both of us obliged to you—isn't that so, Jessy? Obliged doesn't seem quite strong enough, does it? But, of course, you know what we mean. I was always a duffer at speech-making, Ted, but we won't forget what you did."

Wilmot bowed to Miss Crathern, saying, "I have never heard him so civil before—that is to say, when he meant to be. My old friend's strong point is doing things; but the next time he gets caught in a burning forest I hope he won't send for me."

Then the contractor's winsome companion, who smiled upon Wilmot most graciously, for some reason turned away her head, as the bridge builder added, "I'm asking another favour, Ted. You'll stand by me in the closing scene at Vancouver a fortnight to-day?"

Wilmot, who did so, went home after the wedding, and, being interviewed by a select company of Halliday's female relatives, said, "What is she like? Well, let me see. She's—oh, yes—she's certainly pretty. Civilised? I should certainly say so; sings rather better than most young women I've listened to, and can express her ideas—they're nice ones—in several languages. Dresses? I believe she has some Paris clothes. Our colonists are not quite raw savages, you know. In short, Jim couldn't have done better anywhere, and in the course of the next few years he'll be a big man out there."

RESULT OF THE DOLL-DRESSING COMPETITION.

This competition has been a disappointment, both in the quantity sent in and in the quality of the workmanship displayed in the clothes. The winner of the prize, however, has sent in a pretty "little girl" dolly, most fascinatingly dressed in large bonnet and smart, up-to-date, loose coat of silk-lined white velvet trimmed with swansdown, with dainty frock of white Jap silk and lace, and most completely garbed beneath, even to a knitted silk combination and long socks, and smart blue garters to match her blue sash. All the underclothing of this prize doll is exquisite, tucked, lace-trimmed, the flannel petticoat embroidered—all beautifully fitted, and showing very fine stitchery. The finish of the little velvet muff, bonnet, &c., are first-rate. Great praise must also be bestowed on the smart lady doll—in up-to-date tailor-made and hat; all the clothes excellently made, and fitted, complete even to gloves (sent in by Miss Williams)—and on a pretty doll in well pleated serge skirt and white sailor blouse, all the clothes very well made, sent in by Miss Daisy E. Newman, aged thirteen years. Miss Newman is our only juvenile competitor, and her work is remarkably good.

The prize of £3 has been awarded to

MISS M. A. RAMSEY,
Penrhyn, Seabrook, Kent.

The dolls sent in for competition will be forwarded to the Ragged School Union, as indicated in the announcement of the competition.

"Your patterns are so excellent I do not care to use any other."—A.

Correspondence.

RULES.

1. To be answered in the next number, letters must reach us not later than the 25th of the month.

2. Queries (except on "Dress" and "Health and Personal Attention") must be accompanied by sixpence and a stamped addressed envelope. No notice will be taken if sent without, if to be answered by post.

3. In urgent cases, or if crowded out, all "Dress" answers will be sent by post, for which no charge will be made. No postal reply can be sent unless a stamped and addressed envelope be enclosed.

4. Queries to be answered by post must be limited to three.

5. It is absolutely necessary that every letter should contain real name and full address. The space for correspondence is so limited that a large number of answers have to be sent by post. This is especially the case with "Dress," which requires prompt and often private replies. Only questions of general interest are answered on this page.

Whether letters are to be answered by post or in these columns, the Correspondence Coupon, cut from the current number, must be enclosed.

DRESS AND HAIR-DRESSING.

Letters to be addressed to Madame Myra, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

Amy.—(1) It is no longer obligatory for the bride to bring the household linen. Among the wealthy classes the custom is entirely dropped, and there is no necessity for it. But I think that in the middle classes the bride of a struggling man, if she brings him no dowry, ought at the very least to bring this portion of the new home. (2) Do not have too many made-up dresses. The list you give would suffice for a "Society" bride, When and where can you possibly wear them under the circumstances you describe? Buy the materials if you like; but do not have them all made up. You will find yourself with several unworn dresses on your hands. (3) There is a sale on now at the Holborn Silk Market (Holborn Bars, E.C.). Go there at once and buy the white satin. I advise cashmere-back satin, as it is more durable. (4) If you wear neither chemises nor knickers, certainly I think it would be a needless extravagance to supply them—merely to make the trousseau "look nicer." I can understand your mother's idea. In sanitary underwear the only garments which are in the least pretty are the summer and evening combinations and bodices of silk-and-wool (or all silk), with their dainty ribbon-threaded tops and sleeves of torchon or woven silk lace. If you are going to display the garments to your lady friends, only show these, nicely folded to show the lace parts. (5) You will find some very attractive "sets" of underwear on page 16. A cache-corset of original and very smart design, forms one of the Free Patterns this month, and a very pretty chemise is dealt with in "Practical Dressmaking for Home Workers." Be sure to have the elegant lounge gown (page 28). You will find it invaluable in a rich cashmere, when it could be used for various home purposes.

Young Widow.—The question of weeds, like all questions of mourning, has become a matter of taste. Most young widows now drop the regulation bonnet and veil, &c., at the end of the year. It is only elderly widows who retain their weeds—modified as time goes on, of course—to the end of their days, and few do that now. It is, of course, a matter of feeling, and you must decide for yourself. However, I agree with you that retention of the weeds at your age would be inadvisable. The widow's weeds are far from being a protection to a young woman who has to earn her own living. Then they are expensive and inconvenient, and modern taste shrinks now from public badges of one's social and legal status. The weeds are always worn for a short time, however, except by the more unconventional "sets." I do not mean *poor* by "unconventional." Poor widows spend their last penny in buying weeds as deep as possible. With them it is an unbreakable convention, on a par with the elaborate funeral that sops up the last penny of the insurance money. Crape forms the veil and the whole of the bonnet for the first weeds, and the dress should be heavily trimmed with crape.

Mrs. T. C.—(1) A beautiful Empire coat is shown on page 12. It is illustrated for corduroy, but it would look lovely in your white cloth lined with mauve satin. You could embroider the collar and cuffs with the shaded mauve chenille as you suggest. The Empire style of coat is quite safe. It is far too elegant, becoming, and comfortable to go out for some time yet. (2) A good deal of chequered velvet will be used for the early spring, but you will be well advised to have your one velvet gown in plain Lyons make, which is always in, more or less, and which bears renovation over and over again.

Gas-Light Beauty.—(1) Lily leaf green and pale yellow are to be the most favoured shades for evening wear. Both light up well, but both need a good complexion. Oyster white is becoming to most young people; and there are all the *nacré* (mother-o'-pearl) tints, but these are considered more suitable to mature women. Rose pink is fashionable and all red shades; personally I am not fond of red evening dresses, except in velvet or velveteen, though a red crêpe de chine Empire dress can be very becoming to a real brunette. (2) Now is the time to bring out your embroidered net. Embroidered and spangled transparent fabrics are much to the fore. (3) You should have no difficulty in getting cloth of that mauve tint. Send to Best's Dress Goods Company, Department M, Bradford.

COOKERY AND HOUSEHOLD MANAGEMENT.

Letters to be addressed to Mrs. Hope, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

Mrs. Hope will, in case of urgency, answer letters by post if six stamps and a stamped addressed envelope is enclosed for a reply. Otherwise the reply will appear in these columns.

How To Keep Carrots and Turnips, &c.—I think if you put your stock of these useful vegetables into a box, filling it in, in layers, with sand and vegetables alternately, you will find they keep as well as potatoes. Artichokes will keep many weeks with no further protection than a box or basket. A touch of frost improves their flavour, so you need not fear keeping them thus. Peas should be bottled, and you can do this by simply filling wide-mouthed bottles with them, then standing them in a pan with water three-parts up the side of the bottles, and bring them to boiling point. Then fill up the bottle to the neck with the hot water. Pour a good half inch of mutton fat over all, and when cold, tie down and seal securely. Kidney beans are best sliced, as for cooking, and placed in alternate layers with coarse salt in a big jar, covered well, but not sealed. They will keep for months. When wanted for use soak in cold water for a few hours, and cook as usual.—Catriona.

Laundry Work.—The Hounslow Model Laundry, Hounslow, W., would do up your children's rather elaborate bridesmaids' frocks beautifully, and their charges are quite reasonable. Write to Mrs. José, the manageress, and ask for a price list and other particulars. I agree with you that washing at home is almost impossible in town, and such a laundry as this is really a great boon.—Soap and Soda.

Cassandra.—Dishes which require little attention while cooking are Irish stew, jugged hare, hot-pot, beef-steak pudding, any foods cooked in marmites, or in casserole dishes. Plain soups, plain boiled or steamed puddings. I will very gladly give you recipes if you wish, but if you want a postal reply, please mark your letter "Postal," or it may be delayed.

Clancarty.—Yes, you can quite easily make ices, plum, strawberry, or lemon, or vanilla ices, at home if you have a machine. You can get an American freezer at very good ironmongers for 4s. 11d. Have 1 quart of custard, and mix into it ½lb of strawberry jam (sieved), then add the juice of 1 lemon and a few drops of essence of vanilla, and freeze. These proportions make a very nice plain ice which may be made richer by substituting cream for custard. You will find instructions for freezing given with the machine, so I need not give them here.

Thames.—Will this American sweet do for your party? Have a tin of canned peaches, and stir in a teacupful of castor sugar, ¾ of a pint of water, and 1 gill of any liqueur syrup you like. Then whip the whites of 3 eggs, and sweeten to taste, and add to the peaches. Then keep in a cool place, or on ice until you need it for table.

Rhoda.—If your servant is "so stupid about bed-making though good at everything else," would it not be sensible to make your daughters make all the beds daily? Believe me, the healthy exercise will do them nothing but good—if they are good girls they will love to help you thus. Girls just leaving school should always have some definite domestic taste; there is your opportunity, dear lady, never mind what people say. Keep the "good but stupid one." Do as I advise about the beds, and write and tell me the result.

COUPONS.

Correspondents seeking advice on "Dress," "Health and Beauty," "Employments," &c., must enclose in their letters one or more (according to queries) of the following coupons cut from the current number:—

EMPLOYMENTS.
FEBRUARY, 1907.

DRESS AND HAIRDRESSING.
FEBRUARY, 1907.

HEALTH AND BEAUTY.
FEBRUARY, 1907.

ETIQUETTE.
FEBRUARY, 1907.

COOKERY & HOUSE MANAGEMENT.
FEBRUARY, 1907.

Cookery Recipes and Household Hints
PRIZE COMPETITION.

To provide our readers with interesting and original recipes for Cooking and Hints for the Household, we are offering:—

FOUR PRIZES, 2s. 6d. each, for the Four Best Cooking Recipes, and

FOUR PRIZES, 2s. 6d. each, for the Four Best Household Hints.

Competitors must send in their Recipes and Hints on or before February 15, addressed to "Mrs. Hope, Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

One or both the coupons below must be sent in with the Recipes or Hints.

Competitors must write their Cookery Recipes and Household Hints on *separate sheets*, and put their name and address on each. The sheets can then be pinned together with each coupon.

COOKING RECIPES.
FEBRUARY, 1907.

HOUSEHOLD HINTS.
FEBRUARY, 1907.

The Result of the Competition will be published in the April number.

"Wishing your splendid journal every success."—C. A.

HEALTH AND PERSONAL ATTENTION.—See Myra's Answers in "Myra's Journal."

Extract from POSTAL TOILET LIST.

[New and greatly enlarged edition, with chapters on the care of the hair and complexion, &c., and many new preparations, will be sent by return of post, on receipt of stamped address.] Also illustrated pamphlet on Face Massage and the Care of the Complexion, and Mr. Mason's New Book on the Hair, may be had gratis.

PHILIP H. MASON, Pharmaceutical Chemist, 25, BANK PLAIN, NORWICH.

IMPORTANT NOTICE.—All Articles in this List admit of Postal Transit, and will be delivered free per post at the prices marked, secure from observation, and carefully packed on receipt of P.O.

DEPOTS ABROAD.—India: The Agra Stores, Ltd., Agra. South Africa: Mr. V. H. Carman, Mill St., Cape Town. New Zealand: Messrs. Walker and Co., Christchurch. From these Agents any of the Toilet Preparations may be obtained.

THE GARRISON HAIR DYE.—An absolutely harmless hair dye in one solution. Easy in application, rapid, cleanly, and almost infallibly certain in effect. This is the Hair Dye *par excellence* for those who prefer a dye in one solution. Black or Brown, 3s. 6d. per case.

EMULSINE OF CUCUMBERS.—Dr. Anna Kingsford's Formula, Thin, 3s. 6d. and 10s. 6d.; Thick, 3s. 6d. and 10s. 6d. These Emulsines resemble the Crême Froide in their general properties, but are prepared for those who prefer an emulsion to a cream. The thick Emulsine is especially intended for the prevention of wrinkles, and is also highly recommended for winter use, while the thin Emulsine is adapted for whitening the complexion, and for summer use.

"Against the crowsfeet use Mason's Thick Emulsine. With respect to wrinkles, I have said again and again that nothing removes them so satisfactorily as the thick Emulsine. For flushing of the face and dryness of the skin use Mason's Thin Emulsine of Cucumbers. 'Cool as a cucumber' is, as you know, a comparison that has become a proverb, and with good reason. Mr. Mason has prepared two excellent emulsions of cucumber, thick and thin, which I have not seen equalled. To these he has now added a Crême Froide aux Concombres. As the responsibility for these formulas rests, in a large measure, with myself, you may feel sure I should not recommend them unless I had complete confidence in their excellence."—Anna Kingsford, M.D.

JABORANDI HAIR TONIC.—Prepared from selected South American Jaborandi Leaves, containing the newly-discovered alkaloid Pilocarpine. Highly recommended by medical authority as a hitherto unapproachable stimulant to rapid growth of hair. Used not only to prevent the hair falling, but to stop advance of greyness and induce vigorous secretion of the natural colouring pigment. 3s. 6d., 10s. 6d.

PETROLATE OF SULPHUR.—For promoting the growth of the Hair, and for preventing greyness. A new compound, which not only promotes the growth of the Hair, but also largely increases the formation of its colouring pigment. Its use has the effect of nourishing the Hair and increasing its growth, and also of improving its colour, preventing the increase of greyness, and removing that already existing. Price 2s. 6d.

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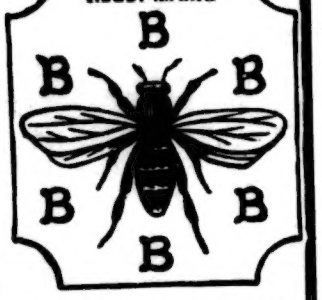

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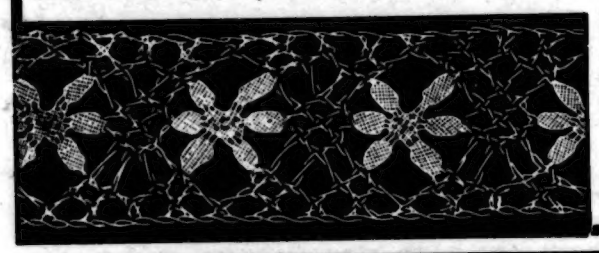

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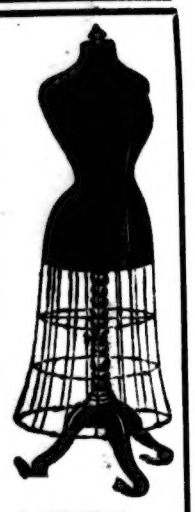

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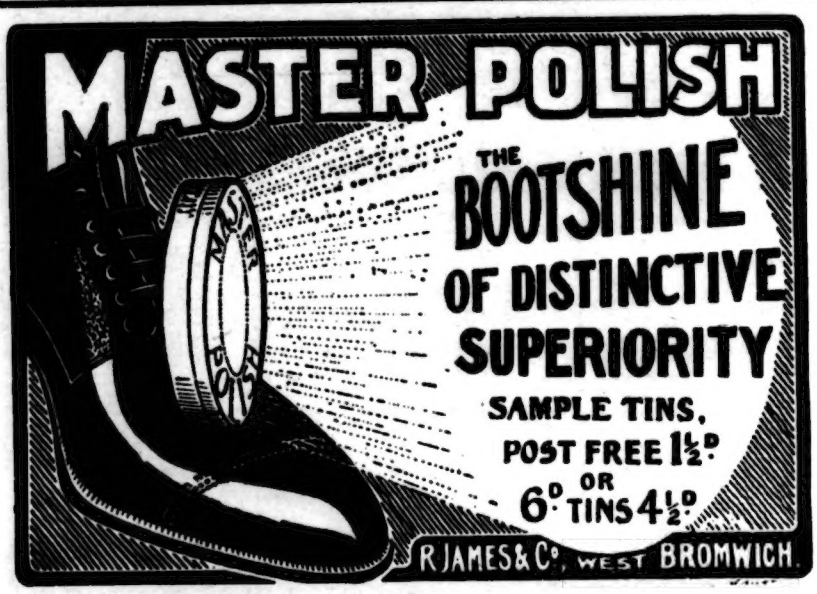

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